

Have your say on addressing alcohol and other drug misuse

The Department of Health is seeking views of the public on alcohol and drug misuse and what can be done to address the issue.

Third FinTrU North West Academy offers 20 more high quality graduate training places

A new FinTrU Assured Skills Academy in Derry~Londonderry is offering 20 training places in financial services for graduates.

Raising awareness of need for foster carers



It's Foster Care Fortnight (13 to 26 May). Foster carers can provide stable, caring homes for vulnerable children and young people. Have you considered offering a child or young person greater stability through foster care?

Fostering makes a difference

Children and young people want to be secure, supported and loved. Fostering provides children who cannot live with their own families for whatever reason with alternative care where they can benefit from a loving, safe and stable home.

Around three new foster carers are needed every week to meet the needs of children and young people coming into care.

Fostering is highly rewarding and worthwhile. It makes a significant difference both to the lives of the children and the foster carer.

You can find more information in the section below:

No age limit

There is no maximum age limit on becoming a foster parent. You can be a foster carer:

- whether you have your own children or not

- if you are single, married or living with a partner
- if you are in or out of work
- whether you live in your own home or rent
- whatever your race, religion or sexuality

You can find out more about fostering from the following link:

If you would like to discuss fostering with a voluntary organisation or independent fostering agency, [The Fostering Network](#) will provide you with further information.

More useful links

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Important to talk about dying, death and bereavement



It's Dying Matters Awareness Week (13 to 19 May). Everyone is encouraged to take the opportunity to talk openly about their future care, dying, death and bereavement with those closest to them.

End of life

Many of us have specific wishes about how and where we would like to die, and what we would like to happen after our death.

Sometimes we don't like to talk about these wishes, perhaps due to fear of the subject or fear that we may upset our family or friends.

If we don't have these types of conversations it can mean that these wishes don't happen and families may struggle to make decisions. There may be important matters that need dealt with now, rather than when time feels limited.

Open and honest discussion about death and dying can make sure that someone's wishes for end of life are known and respected. It can support those you love through bereavement.

Five simple steps

There are five simple steps to make the end of life experience better:

- make a will
- record your funeral wishes
- plan your future care and support
- register as an organ donor
- tell your loved ones your wishes

There is further useful information in this section:

Talking about death does not bring it any closer. It is about planning for life.

More useful links

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[**Information and advice if looking for work**](#)



If you're looking for a job, there is a wide range of advice on [nidirect](#). From training programmes to careers guidance, including tips on writing your CV, you'll find useful practical information to help.

Develop your skills

Whether you're a school leaver or someone looking to return to work, developing your skills can help you to gain confidence and the skills you need to get the job you want.

From further education colleges and universities, to improving your essential skills like maths and computing, there are lots of courses and programmes available. Visit the following page to find out more:

Careers advice

If you've just left school or university, or maybe you've decided to change jobs, getting some careers advice can help you take that next step into employment.

Visit your local Jobs and Benefits office

Advisors at your local Jobs and Benefits office can give you lots of help and support if you are looking for work. They can:

- help you to develop the skills and competence to become employable, if

you are not 'job-ready'

- match you to suitable job opportunities
- administer Universal Credit, Jobseekers Allowance, Income Support and Incapacity Benefit in Jobs and Benefits Offices

You can find your local job centre at this link:

Applying for jobs

Job hunting can be nerve-racking, but there are things you can do to get prepared:

- get your CV sorted and keep it up to date
- speak to the Careers Service or your local job centre
- read our advice on job application forms and interviews

You can find links below:

You'll find more information on finding and applying for jobs on the following pages:

More useful links

[Let's block ads! \(Why?\)](#)