

[News story: Ilford Park Polish Home Residents Remember Those Who Fought and Died in the Capture of Monte Cassino 75 Years ago](#)

As the sun shone down on the Ilford Park Polish Home in Devon, residents made their way from the church service remembering those who bravely fought and lost their lives during the Battle of Monte Cassino.

[News story: Military Aviation Authority \(MAA\) transformation of the design and airworthiness requirements for service aircraft \(Defence Standard 00-970\)](#)

As the early pioneers of powered flight discovered, often to their peril, several fundamental aircraft design rules were key to a safe flight.

[News story: Defence Secretary calls for veteran-led support to be at the heart of mental health services](#)

Defence Secretary Penny Mordaunt has announced a new package of measures to boost mental health support for ex-service personnel.

News story: Housing workshop for Veterans to be hosted by London VAPC

More than a third of the capital's local authorities to attend the event.

News story: Armed Forces Minister meets 1,000 UK personnel based in Estonia on NATO mission

Armed Forces Minister Mark Lancaster witnessed the depth and breadth of the UK's longstanding defence relationship with Estonia first-hand after visiting deployed UK personnel this week.