

Why I left the Conservative party

I first became involved with party politics when I was 18. I was studying an undergraduate degree in Politics and Religious Studies (later refined to straight Politics) at Cardiff University. Like most first years, I had planned to join at least one society and throw myself into student life at the University. I knew I wanted to join a political society, and for me what was then Cardiff Conservative Future seemed like the perfect option.

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Liberal Democrat Campaign for Race Equality

The new Liberal Democrat Campaign for Race Equality aims to make the Liberal Democrats a truly multiracial party – to become a leading political force for race equality and integration.

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Party Conference Dates in 2019

The dates and locations for Spring and Autumn conference 2019 have been announced.

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[Future Leaders at ALDC Kickstart](#)

Last year I attended ALDC (the Association of Liberal Democrat Councillors and Campaigns) Kickstart weekend as part of their Future Leaders scheme.

15 or so young people in the party are offered individual mentorship to help them get to where they want to be in the party – whether that is an MP, a Councillor, or something else.

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[Government backs down on medical cannabis](#)

Today the Government reported that patients in need of cannabis-based medicines will be allowed access to them in 'exceptional circumstances'.

This is very welcome and long overdue change, which will be a relief for many patients and their families. **It is disgraceful that people have been left to suffer for so long**, because the Conservative Government have refused to accept evidence of the benefits of cannabis based medicines.

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