

Convocatoria a jóvenes mujeres: 'Líder por un Día'

Para celebrar el Día Internacional de la Mujer, la embajadora británica Faye O'Connor junto a líderes de distintas áreas de la sociedad uruguaya ofrecen la posibilidad de que jóvenes mujeres de entre 18 y 25 años de edad puedan compartir un día con ellas conociendo sus tareas y ampliando sus redes de contactos.

El objetivo es promover la participación de las mujeres en cargos de liderazgo, dándoles la posibilidad de conocer su trabajo y de vincularse con referentes de primer nivel en las áreas de gobierno, diplomacia, ciencia, periodismo, logística y empresas.

Para participar, las interesadas deberán mandar un video de no más de 1 minuto a liderporundia@gmail.com diciendo: "Yo voy a ser una líder para..."

En el correo se debe incluir el nombre, edad, teléfono, estudios que cursa o ha cursado y enviar un link a su video. Además, deben indicar las tres mujeres líderes a las que les gustaría acompañar, en orden de preferencia, aunque las candidatas podrán ser seleccionadas para acompañar a cualquiera de las participantes. Ellas son, en orden alfabético:

- Beatriz Argimón, Vicepresidenta de la República
- Carolina Cosse, Intendente de Montevideo
- Mariana Chilibroste, Cofundadora de Sellin, empresa que, a través de la innovación social, desarrolla oportunidades para micro y pequeños productores de todo el país.
- Silvia Emaldi, Ingeniera, Presidenta de UTE
- Pilar Moreno, Profesora Adjunta de la Facultad de Ciencias, UdelaR e investigadora del Institut Pasteur de Montevideo
- Faye O'Connor, Embajadora británica
- Blanca Rodríguez, Periodista
- Alejandra Silveira, Gerente de Logística Internacional de Astrazeneca, Hub Uruguay

Las ganadoras de la convocatoria acompañarán a las líderes participantes en sus tareas de forma presencial y/o virtual durante el lunes 8 de marzo, incluyendo, pero no exclusivamente, actividades vinculadas al Día de la Mujer. Las candidatas deben asegurarse de tener disponibilidad de tiempo ese día, durante todo el día.

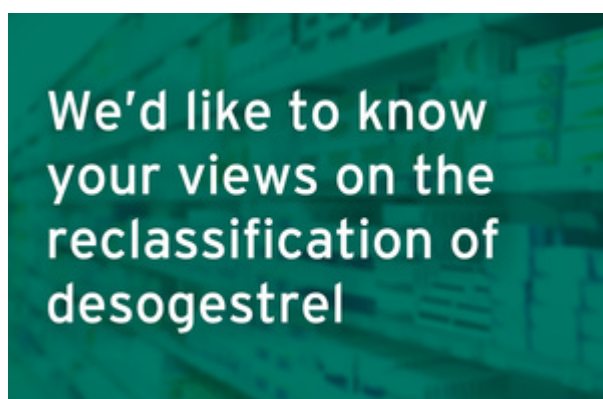
La fecha límite para presentar los videos es el 23 de febrero. La embajada anunciará las ganadoras el 2 de marzo. Al enviar sus videos, las participantes aceptan que se compartan en las redes sociales de la Embajada Británica, de las líderes participantes, y eventualmente otros medios de comunicación.

La actividad “Líder por un día” será compartida en las redes sociales de la Embajada y de las mujeres participantes que así lo deseen, y podrá ser cubierta por medios de comunicación.

[Views sought on making the oral contraceptive pill desogestrel available from pharmacies](#)

News story

The public has until 5 March to respond to the consultation on the potential reclassification of desogestrel to a pharmacy medicine.



The MHRA has launched a public consultation on the reclassification of two progestogen-only contraceptive pills containing desogestrel. This is the first time such a change has been considered, making it important that the public's views are heard.

The consultation affects two products containing desogestrel; Lovima 75 microgram film-coated tablets and Hana 75 microgram film-coated tablets. Lovima and Hana are both oral contraceptives for continuous use to prevent

pregnancy in those of childbearing age.

We are asking the public and stakeholders for their views on whether these two products should become a pharmacy medicine and available over the counter, without a medical prescription.

Pharmacists are trained healthcare professionals. If these two products are reclassified, pharmacists will have access to training materials and a checklist to enable them to identify women who can be supplied this medicine safely.

Dr Sarah Branch, Director of Vigilance and Risk Management of Medicines at the MHRA, said:

Every response received will help us gain a better picture of whether people think the contraceptive pill with desogestrel should be available over the counter.

We hope to hear from as many people and women's groups as possible.

Contraceptive pills containing desogestrel will still be available on prescription from GPs and sexual health clinics.

[The Commission on Human Medicines](#) has advised that it is safe for these products to be made available as a Pharmacy (P) medicines.

Details about the 2 consultations, including how to take part

The consultations are open until 5 March. As these are 2 products, 2 separate consultation pages are required:

However, we will assess responses that relate to the active ingredient (desogestrel) as applying to both products, even if views are only submitted for one.

Background

A medicine will be non-prescription unless it fulfils one or more of the criteria for prescription control as set out below and in the Human Medicines Regulations 2012 regulation 62(3). Prescription only (POM) status will apply where:

- a direct or indirect danger exists to human health, even when used correctly, if used without medical supervision
- there is frequent incorrect use which could lead to direct or indirect danger to human health
- further investigation of activity and/or side effects is required
- the product is normally prescribed for parenteral administration

[UK-Mexico trade continuity agreement: exchange of notes](#)

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[Give your loved one a tax break this Valentine's Day](#)

HM Revenue and Customs (HMRC) is encouraging married couples and people in civil partnerships to sign up for a tax break this year.

Marriage Allowance offers individuals the chance to transfer part of their Personal Allowance to their husband, wife or civil partner, which could reduce their tax by up to £250 a year. For some couples, this could mean a backdated payment of up to four years of claims which could be as much as £1,188.

It is free to apply for Marriage Allowance and HMRC is encouraging customers to claim directly through its online portal to ensure they receive 100% of the tax relief they are eligible for.

Angela MacDonald, HMRC's Second Permanent Secretary, said:

For some, a tax break will be a welcome source of extra cash during these difficult times. I urge couples to take advantage of this offer, which could put up to £250 back in their pockets each year.

Signing up is simple – the quickest way to claim is through the GOV.UK website, just search 'marriage allowance'.

Marriage Allowance lets people earning £12,500 or less transfer up to £1,250 of their Personal Allowance to their husband, wife or civil partner – if their income is higher and they are a basic rate taxpayer. This will reduce their tax by up to £250 for the 2020 to 2021 tax year. Claims can also be backdated to April 2016 until 5 April 2021. After 6 April 2021, couples will only be able to claim back to the 2017 to 2018 tax year.

The same criteria applies for people in married couples and civil partnerships in Scotland, except their partner must pay Income Tax at the starter, basic or intermediate rates between £12,501 and £43,430.

The Personal Allowance rate for the 2021 to 2022 tax year is increasing to £12,570.

Customers are urged to cut out the middle man, who may charge a fee, and receive a guaranteed 100% of their eligible entitlement by applying directly to HMRC via [GOV.UK](https://www.gov.uk).

Marriage Allowance claims are automatically renewed every year. However, couples should notify HMRC if their circumstances change.

Marriage Allowance was introduced in April 2015.

Marriage Allowance is 10% of an individual's tax-free Personal Allowance. The maximum amount that can be transferred to their husband, wife or civil partner is dependent on the Personal Allowance for that tax year.

Tax year Marriage Allowance amount

| | |
|---------|------|
| 2020-21 | £250 |
| 2019-20 | £250 |
| 2018-19 | £238 |
| 2017-18 | £230 |
| 2016-17 | £220 |

[Show your vehicle some TLC in lockdown](#)

This follows a new survey of the nation's drivers, revealing more than half (54%) did not know when their next service is due.

Nearly a third (32%) of road users admit they only carry out basic vehicle maintenance, such as checking their tyre pressure or oil levels, at best every few months or never. This is in spite of advice to perform regular vehicle maintenance – even when a vehicle is not in regular use during lockdown – on top of the recommended annual service and mandatory MOT.

People must stay at home during the lockdown except for the permitted reasons, but carrying out regular maintenance and checks will ensure vehicles

are in good condition for when drivers are able to hit the road again.

In response to the survey, Highways England and partners – breakdown provider, Green Flag, and retailer, Halfords – are today spotlighting the importance of basic maintenance and checks in helping road users to avoid breakdowns or endangering themselves and other drivers. Without proper care and attention during lockdown, owners risk tyre problems, flat batteries, weather damage and issues due to fluid levels running low when they begin using their vehicle again.

Jeremy Phillips, head of road user safety, said:

While the country is still in lockdown, we want to remind drivers to act now and carry out those important basic checks. Doing regular maintenance, rather than waiting until the end of lockdown is in sight, will ensure their vehicles still work and preventable breakdowns are avoided when restrictions are lifted and the nation gets back on the road.

With the support of partners, Halfords and Green Flag, Highways England is committed to explaining the importance of carrying out vehicle checks even though drivers are restricted to essential travel only. A vehicle's condition can change while not in use.

Every year Highways England's traffic officers deal with more than 85,000 breakdowns – 40 per cent caused by vehicles running out of fuel, poor tyre maintenance, power loss and engine trouble. These basic checks and maintenance can prevent many breakdowns.

- Check tyres – check your tyre pressures are suitable for the load and their condition, including the spare. Always look out for cuts or wear and make sure tyres have a minimum tread depth of 1.6mm.
- Check fuel – before every journey, check your fuel levels and make sure you have enough to get to your destination. Always keep your tank at least one quarter full.
- Check engine oil – use your dipstick to check oil regularly. Top up if needed. Take your car to a garage if filling more than usual.
- Check screen wash – check your water is within the minimum and maximum markings. Always keep screen wash topped up so you can clear debris or dirt off your windscreen.
- Check lights – look at whether indicators, hazard lights, headlights, fog lights, reverse lights and brake lights are functioning properly.

Highways England has prepared a [written guide](#) showing road users how to carry out the five most important vehicle checks: tyres, engine oil, water, lights and fuel. Knowing the benefits of regular checks and maintenance before getting on the road is key to travelling safely.

Mark Newberry, commercial director at Green Flag, said:

Cars are designed to be driven regularly and the components rely on regular use to stay in tip-top condition. A period of lockdown means many vehicles that may have been running every day could now be used less, which can lead to a number of complications.

Car batteries are often the hardest hit. During the first lockdown, over 60% of our callouts were for battery-related issues and the colder weather will also have an impact by reducing the battery's ability to hold charge.

Carry out a few basic checks to make sure your car is ready for when you need it. Don't leave it until your next MOT or service if you know or feel there is something wrong with your car. Although we will be there to recover you at the roadside – no-one wants to break down, especially in the cold dark winter months.

A Halfords spokesperson said:

At this time of year, colder weather and snowy spells introduce additional risks that all motorists should be guarding against. With the ongoing lockdown many of us will be using our cars less right now, and problems can often occur when vehicles are left unused on our drives. So, it's more important than ever to make checks every time you're setting off on those essential journeys.

Halfords is open as an essential retailer to help keep Britain moving, and we offer a free 5-point car check at our stores and garages nationwide. Our trained staff will check your lights, wipers, battery, windscreen and MOT status so you can be sure you're on the road safely, or have the Halfords team fix it for you if not.

General enquiries

Members of the public should contact the Highways England customer contact centre on 0300 123 5000.

Media enquiries

Journalists should contact the Highways England press office on 0844 693 1448 and use the menu to speak to the most appropriate press officer.