Personnel on Ice at RAF Championships

THE SERVICE'S stars on ice are doing battle for precious Inter-Service spots in La Plagne, France as the RAF Championships got under way.

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The two-week camp, which culminates in the championships, is not for the faint-hearted, as the track is regarded as one of the toughest on the winter sports circuit, having been used for the 1992 Winter Olympics, with athletes reaching speeds of 90mph, with forces of up to six G testing all involved.

Team manager and reigning Inter-Services champion Flt Lt Gav Arnold said: "The championship race will see SAC Mark McQuitty of 99 Sqn as favourite following his excellent performances on the World Cup Circuit for Team GB.

"I will be challenging him along with GB hopeful Cpl Danny Burke, with the race determining selection for the Inter-Services Championships to be held in Norway in March where we will be defending our title against what is sure to be tough opposition from the Army."

Cpl Ross Brown bobsleigh coach/ceputy team manager said: "The camp is proving to be a very demanding fortnight, which has pushed all 32 athletes beyond their limits on the second fastest track in Europe, reaching speeds in excess of 75mph whilst pulling up to 4.5g on a mile- ong track from a standing start.

"Bobsleigh athletes have been exposed to dealing with a wide variety of emotions, such as adrenaline, fear, nerves, excitement, physical pressures and much more, all within a controlled environment of this extreme winter ice sport. And this camp is proving no different."

Anyone interested in next year's luge novice training camp should contact team manager Flt Lt Gav Arnold on: <u>30Sqn-pilot27@mod.uk</u>. or for bobsleigh: <u>marksilva021@hotmail.com</u>

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<u>Typhoons from 6 Squadron take part in</u> <u>Red Flag</u>

6 Squadron Typhoons, from RAF Lossiemouth, are taking part in the world's

largest and most complex air combat exercise at Nellis Air Force Base in the United States.

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Red Flag is a three-week exercise that pits friendly 'Blue' forces – including the 6 Squadron Typhoons – against hostile 'Red Force' aggressors in live and synthetic training environments, simulating air-to-air and air-to-ground combat, and space and cyber warfare.

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The training mirrors the threats and complex air defences posed by real-life adversaries, helps participating nations better understand each other's capabilities and ensures that RAF personnel maintain the highest levels of readiness for potential future military operations.

The live element takes place over the US Air Force's premier military training area in Nevada; over 15,000 square miles of airspace and 2.9 million acres of land – an impossible scale to achieve in Europe.

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The exercise also sees the Typhoons fly alongside US Air Force F-22 Raptors and F-35A Lightnings. This continues the evolving integration of RAF operations with 5th Generation aircraft ahead of the introduction of the F-35B into the RAF's combat air inventory in 2018.

Wing Commander Billy Cooper, Officer Commanding 6 Squadron, said: "We've brought eight Typhoons with us from RAF Lossiemouth to take part in Red Flag alongside the United States Air Force and Royal Australian Air Force.

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"While our day job at Lossiemouth is protecting UK airspace through Quick Reaction Alert, here in Nevada the majority of what we're doing is air-to-air fighting and some strike missions. This means we'll be flying two waves of six aircraft every day.

"One of the benefits of this exercise is the threat replication; we can simulate fighting our way into a target area through a high-threat environment, dropping precision munitions on specific targets and then fighting our way back out again. It's a privilege to deploy here with 6 Squadron and to represent the Royal Air Force, the UK and Scotland in particular."

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RAF Apprenticeship Award

RAF trainers are celebrating being recognised as one of the top 100 employers of apprentices in Britain.

The Service, which currently has 2,700 personnel on its programmes, has provided apprenticeships since its creation in 1918 and in 2014 its scheme was graded 'outstanding,' in all areas by the education standards watch dog Ofsted.

Now the RAF has been included on the prestigious Top 100 Apprenticeship Employers list compiled annually by the National Apprenticeship Service.

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Group Captain Stephen Dharamraj, Commandant of the Royal Air Force Central Training School, said: "Apprenticeships are an integral part of our training philosophy by which we ensure that our personnel are able to operate at or above that required by their counterparts in industry. This is essential for the Service to succeed wherever it may be called upon to operate."

Editor: Simon Mander

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