The Burnt Chef Project joins HSE's Working Minds campaign

The Burnt Chef Project has joined forces with the Health and Safety Executive's (HSE) Working Minds campaign to tackle work-related stress in the hospitality industry.

The Working Minds campaign aims to help businesses recognise the signs of work-related stress and make tackling issues routine. The Burnt Chef Project will use Working Minds in its efforts to help hospitality professionals, who face long antisocial hours, tough environmental conditions and pressures to perform are just some of the issues on a daily basis.

Work-related stress and poor mental health risk becoming a health and safety crisis for Great Britain's workplaces, the regulator has warned. Statistics published by HSE show in 2020/21 of the 1.7 million workers suffering from a work-related illness, 822,000 were due to stress, depression or anxiety.

The Burnt Chef Project conducted a survey of 1,273 hospitality professionals, which showed that eight out of 10 (84%) of respondents had experienced difficulties with their mental health within their career and 46% would not feel comfortable talking about their health concerns with their colleagues.

Kris Hall, Founder of The Burnt Chef Project, said: "The wellbeing of hospitality teams has been neglected for far too long, the hospitality sector is the third largest recruiter within the UK employing just over 3.2 million people. Often the hours are long, demanding, often antisocial and workplace environments are hot and noisy, add to this a skill gap shortage from low retention rates and resource crisis we find ourselves facing, it's unsurprising that the workers within the industry are facing high levels of stress.

"We need to address the root causes of work-related stress, that's why we're pleased to be working with HSE on the Working Minds Campaign. Here at The Burnt Chef Project we're committed to providing the right level of supportive structures and training so that we're able to douse the flames associated with work related stress that ultimately lead to higher rates of ill mental health.

"We're working towards a happier, healthier and more sustainable profession, where we can thrive not just survive."

Alison Wellens, interim head of Health and Work Branch at HSE, said: "We are calling for a culture change across Britain's workplaces where managing stress and talking about how people are coping is as routine as managing workplace safety. A recent Deloitte report estimates the total annual cost of poor mental health to employers has increased by 25% since in 2019. Adding up to around £53-56 billion between 2020-21.

"We're delighted to have our new campaign partners on board to champion Working Minds in hospitality. They will play an important role in sharing key information as well as provide essential insight into the unique stressors experienced by people working in the industry as we continue to evolve our campaign."

Working Minds is aimed specifically at supporting small businesses by providing employers and workers with easy to implement advice, including simple steps based on risk assessment to Reach out, Recognise, Respond, Reflect, and make it Routine.

Employers and workers wanting to know more about the Working Minds campaign, including the legal obligations, advice, and tools available, should visit: workright.campaign.gov.uk/campaigns/workingminds

The Burnt Chef Academy training app has modules specifically designed to tackle work-related stress and is free to access. In addition, The Burnt Chef Support Service is available to anyone who may be experiencing difficulties with high levels of stress. Simply text BURNTCHEF to 85258 to be connected to a trained volunteer 24/7 and in complete confidence.

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Notes to editors

- 1. The Health and Safety Executive (HSE) is Britain's national regulator for workplace health and safety. We prevent work-related death, injury and ill health through regulatory actions that range from influencing behaviours across whole industry sectors through to targeted interventions on individual businesses. These activities are supported by globally recognised scientific expertise. www.hse.gov.uk
- 2. HSE news releases are available at http://press.hse.gov.uk
- 3. The Burnt Chef Project is a non-profit social enterprise fully committed to making the hospitality profession healthier and more sustainable. They provide free training and resources to the hospitality community to aid better mental health and wellbeing. They sell merchandise and additional training courses to raise funds to provide this free support to the hospitality industry. They also build the capability of owners, line managers and employees through training to enhance the awareness of mental health and open conversations. https://www.theburntchefproject.com/

For the Deloitte report 'Mental health and employers: The case for investment — pandemic and beyond' see

https://www2.deloitte.com/uk/en/pages/consulting/articles/mental-health-and-employers-the-case-for-investment.html

Soft furnishings company fined after employee injured by unguarded machinery

A North West company that manufactures soft furnishings has been fined after an employee sustained serious hand injuries whilst working on an automatic duvet rolling machine.

Manchester Magistrates' Court heard that on 13 November 2018, two employees of Azura Soft Furnishings (UK) Limited had been instructed to sew and pack duvets by the company's managing director, Mr Tariq Majid. The machine was being trialled by the company.

One of the employees using the machine was not authorised to operate it or trained in its use. Whilst the employee was using the machine to pack the duvets, he was able to reach into the machine through a gap in the door guard, in order to adjust the duvet being rolled. As he did so he made contact with moving parts inside, sustaining injuries to his right hand, including severing part of his middle finger.

An investigation by the Health and Safety Executive (HSE), found that foil had been placed over the sensors on the sliding perspex door guard, allowing it to be opened during operation, providing operators with a clearer view of the duvet in the machine.

Mr Majid failed to take action when he observed unauthorised use of the machine by the untrained employee and was unaware that the sensors had been overridden despite being present in a supervisory role at the company's premises. The company and its director failed to provide a safe system of work and to recognise the way in which their employees were working. In addition, sufficient training had not been provided to employees.

Azura Soft Furnishings Limited, of Highfield Industrial Estate, West End Street, Oldham, pleaded guilty to breaching section 2(1) of the Health and Safety at Work etc. Act 1974. The company was fined £13,600 and ordered to pay costs of £17,260

Company director, Tariq Majid, of Oldham, accepted a formal caution with regard to breaching Section 2(1) of the Health and Safety at Work etc. Act 1974

After the hearing HSE inspector Peter Lennon said: "This injury was entirely preventable and could have been avoided by ensuring checks were carried out on the machine prior to its use. It was important to ensure the sensors were in good working order and that the machine was being operated safely, with a suitable guard in place.

"Adequate supervision should also have been in place to ensure the machine

was not being used by untrained or unauthorised operatives. Directors also have a responsibility to ensure that they recognise the way in which their employees are working and deal with any unsafe working practices."

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- 1. The Health and Safety Executive (HSE) is Britain's national regulator for workplace health and safety. We prevent work-related death, injury and ill health through regulatory actions that range from influencing behaviours across whole industry sectors through to targeted interventions on individual businesses. These activities are supported by globally recognised scientific expertise. hse-gov.uk
- 2. More about the legislation referred to in this case can be found at: legislation.gov.uk/
- 3. More information about safe use of work equipment can be found at http://www.hse.gov.uk/pubns/books/l22.htm
- 4. HSE news releases are available at http://press.hse.gov.uk

<u>Food manufacturing company fined after</u> worker falls from ladder

A jam and preserve manufacturer has been prosecuted after a worker sustained multiple fractures after falling from a ladder.

Llandudno Magistrates' court heard how on the 6 April 2020, a worker was installing a security camera on the outside of The Clarendon Food Company Limited production building in Pwllheli, using an unsecured ladder. The ladder slipped and the worker fell approximately 15ft sustaining multiple fractures to his right arm, left leg, cheekbone and a dislocation of his backbone

An investigation by the Health and Safety Executive (HSE) found the work at height had not been properly planned, and alternative access equipment to allow safe working at height had not been considered. No training had been provided to either the injured party or others in relation to work at height. There was also a failure to ensure effective monitoring of work at height practices to identify any shortcomings in the company's procedures which had persisted for some time.

The Clarendon Food Company Limited of Bryn, Y Ffor, Pwllheli, Gwynedd pleaded guilty to breaching section 2 of the Health and Safety at Work etc Act 1974. They were fined £40,000 and ordered to pay costs of £5,344.30

Speaking after the hearing, HSE inspector Matthew Pendle said: "Those in control of work at height have a responsibility to properly plan and supervise the work to ensure suitable equipment is selected. They also should

provide the necessary information, instruction and training to workers.

"This incident could have been avoided if it had of been risk assessed, planned and suitable equipment selected, which employees were trained to use safely."

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- 3. HSE news releases are available at http://press.hse.gov.uk

HSE to prosecute Priory Healthcare Limited

Priory Healthcare Ltd appeared before Westminster Magistrates' Court today, Wednesday 20 April, and pleaded guilty to failing to discharge a duty under Section 3(1) Health and Safety at Work etc. Act 1974. It's conviction follows the death of 21-year-old Francesca Whyatt after she was discovered unconscious at The Priory Hospital, Roehampton on 25 September 2013.

An HSE spokesperson said: "We acknowledge this case has been referred to Southwark Crown Court for sentencing and will comment further after this hearing, the date for which is yet to be confirmed."

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- 2. HSE news releases are available at http://press.hse.gov.uk[3]
- 3. Please see the link below to the page on HSE's website that is the best guide to doing it the right way

North West construction company fined after building collapse

A Manchester construction company was fined after much of a three-bedroom domestic property in Stretford collapsed during a loft conversion and ground floor extension work.

Manchester Magistrates' Court heard that on 4 May 2020, Mughal Construction Limited had been carrying out a loft conversion when it collapsed, causing workers to flee from the site. The building had insufficient temporary supports and workers did not have sufficient skills, knowledge and experience, to carry out the work safely.

An investigation by the Health and Safety Executive (HSE) found that the company had failed to properly plan, manage, and monitor the work. It had failed to provide adequate health and safety measures to prevent the risk of collapse at the property including sufficient measures to ensure it remained safe and stable.

Mughal Construction Limited of Levenshulme Trading Estate, Printworks Lane, Manchester pleaded guilty of breaching Regulations 13(1) and 19(1) of the Construction (Design and Management) Regulations 2015. The company was fined £30,000 and ordered to pay costs of £3,000.

HSE inspector, Phil Redman, said after the hearing: "This was a very serious incident, and it is fortunate nobody was injured as a result of the collapse. Where contractors fail to take suitable and sufficient precautions whilst carrying out structural alterations HSE will take appropriate action including prosecution."

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- 2. More about the legislation referred to in this case can be found at: legislation.gov.uk/
- 3. More information about working safely at height can be found at: http://www.hse.gov.uk/toolbox/height.htm
- 4. HSE news releases are available at: http://press.hse.gov.uk