

FEHD announces open lot drawing and computer balloting date for applications for new niches at Wo Hop Shek Columbarium Phase VI and Cape Collinson-San Ha Columbarium

The Food and Environmental Hygiene Department (FEHD) will conduct an open lot drawing and computer balloting for the applications for new extendable public niches of Wo Hop Shek Columbarium Phase VI and Cape Collinson-San Ha Columbarium at 10am on September 26, 2024.

When the open lot drawing and computer balloting are completed, applicants can check the ballot results immediately on the FEHD website (www.fehd.gov.hk) by using their application numbers and identity card numbers. In addition, the FEHD will notify the successful applicants by WhatsApp/SMS and email or letter of the designed niche allocated. Applicants can also visit the FEHD website, the department's Hong Kong or Kowloon Cemeteries and Crematoria Offices, the Public Niche Allocation Office or call the hotline 2841 9111 to check the results from the day after the lot drawing and computer balloting.

LCSD to open Olympics Focal Site to broadcast Paralympic Games

To show support for the Hong Kong, China Delegation taking part in the 2024 Paris Paralympic Games, the Leisure and Cultural Services Department (LCSD) will open Olympics Focal Site at designated sports centres in 18 districts, welcoming members of the public to watch the Paralympic events and cheer on the national team and Hong Kong athletes participating in the Games.

The Paris Paralympic Games will be held from August 28 to September 8 (Paris time). Due to time zone differences, the 18 Olympics Focal Sites will be open from August 29 (Hong Kong time) until the end of the Games. The opening hours will be from 8am to 11pm. Locations of the Olympics Focal Site are set out in the Annex. To enable the public to visit the Focal Sites and watch the Games, information of the actual opening times of the Focal Sites of each day will also be announced on [the dedicated website](#). Interested parties are welcome to check for the updated schedule.

Moreover, a series of Learning Sports 101 videos have been uploaded to [the dedicated website](#) and [the LCSD Edutainment Channel](#). The videos feature introductions and demonstrations of sports skills by athletes or coaches, including boccia, para badminton, para table tennis for persons with intellectual disabilities as well as deaf basketball and taekwondo. The videos aim to enhance the public's understanding of disability sports.

Missing man in Kwai Chung located

Â Â Â Â Â A man who went missing in Kwai Chung has been located.

Â Â Â Â Leung Pak-king, aged 59, went missing after he left his caring home on Kwai Chung Road on August 23 afternoon. Staff of the caring home then made a report to Police.

Â Â Â Â Â The man was located in a shopping mall on Che Kung Miu Road in Tin Sum on August 24 night. He sustained no injuries and no suspicious circumstances were detected.

CHP reminds public on precautions against heat stroke during very hot weather

The Centre for Health Protection (CHP) of the Department of Health (DH) today (August 26) reminded members of the public, particularly those undertaking outdoor activities, to take heed of necessary measures against heat stroke and sunburn in very hot weather.

"The public should carry and drink plenty of water to prevent dehydration while engaging in outdoor activities," a spokesman for the CHP said.

"Those engaged in strenuous outdoor activities should avoid beverages containing caffeine, such as coffee and tea, as well as alcohol, as they speed up water loss through the urinary system," the spokesman explained.

"Infants and children, the elderly, pregnant women, those with chronic illnesses such as heart disease or high blood pressure, outdoor/manual workers, and individuals who are overweight are more vulnerable to heat stroke. They should pay special attention," the spokesman added.

The public should adopt the following precautions:

- Wear loose and light-coloured clothing to reduce heat absorption and facilitate sweat evaporation and heat dissipation;
- Avoid vigorous exercise and prolonged activities like hiking or trekking as heat, sweating and exhaustion can place additional demands on the physique;
- Perform outdoor activities in the morning or the late afternoon, if possible;
- For indoor activities, open all windows, use a fan or use air-conditioning to maintain good ventilation;
- Do not stay inside a parked vehicle; and
- Reschedule work to cooler times of the day if feasible. If working in a hot environment is inevitable, introduce shade in the workplace where practicable. Start work slowly and pick up the pace gradually. Move to a cool area for rest at regular intervals to allow the body to recuperate.

â€‹The public should also note the latest and the forecast Ultraviolet (UV) Index released by the Hong Kong Observatory (HKO). When the UV Index is high (6 or above):

- Minimise direct exposure of the skin and the eyes to sunlight;
- Wear long-sleeved and loose-fitting clothes;
- Wear a wide-brimmed hat or use an umbrella;
- Seek a shaded area or put on UV-blocking sunglasses;
- Apply a broad-spectrum sunscreen lotion with a minimum sun protection factor (SPF) of 15, preferably higher. Reapply every two hours if you stay out in the sun, and after swimming, sweating or towelling off; and
- While using DEET-containing insect repellents for personal protection against mosquito-borne diseases, apply sunscreen first, then insect repellent.

â€‹If symptoms develop, such as dizziness, headache, nausea, shortness of breath or confusion, rest and seek help immediately, and seek medical advice as soon as possible.

â€‹The public may obtain more information from the DH's Health Education Infoline (2833 0111), [heat stroke](#) page and [UV radiation](#) page; the HKO's Dial-a-Weather (1878 200), latest [weather report and forecast](#), [UV Index](#) and weather information for [hiking and mountaineering](#); and [press releases](#) of the Labour Department on precautions against heat stroke for outdoor workers and their employers when the Very Hot Weather Warning is in force.

Very Hot Weather Warning issued

Attention TV/radio announcers:

Please broadcast the following as soon as possible:

The Hong Kong Observatory has issued the Very Hot Weather Warning.

To prevent heat stroke, avoid prolonged activities outdoors.

If engaged in outdoor work or activities, wear a wide-brimmed hat and light-coloured, loose-fitting clothes. Stay in shaded areas as much as possible.

Drink plenty of water, and avoid beverages containing caffeine or alcohol.

If you feel sick, consult a doctor right away.