

Speech by PSCST at opening ceremony of ART021 Hong Kong Contemporary Art Fair (English only)

â€‹Following is the speech by the Permanent Secretary for Culture, Sports and Tourism, Ms Vivian Sum, at the opening ceremony of ART021 Hong Kong Contemporary Art Fair today (August 29):

Mr Chau (Co-founder of the ART021 Group, Mr David Chau), Adrian (Chairman of the Mega Arts and Cultural Events Committee, Dr Adrian Cheng), distinguished guests, ladies and gentlemen,

Good morning. I am most delighted to join you all at the opening ceremony of ART021 Hong Kong Contemporary Art Fair.

Originating from Shanghai in 2013, ART021 has successfully developed into a prestigious art event over the past 11 years. Today, I'm glad to welcome its first debut in Hong Kong, bringing together almost 90 galleries and projects from 13 countries and regions from across Asia. One of the highlights of this Hong Kong edition, is the feature on galleries and artists from the Belt and Road countries and the Greater Bay Area, bringing about unique art communication and inspirations. I'm glad to know that the event has attracted over 20 000 enrolments, and quite a lot of them are from visitors outside Hong Kong. ART021 has no doubt helped reinforce Hong Kong's unique position in international exchange of arts and culture and the status as international art trading centre.

With its main venue in the West Kowloon Cultural District, ART021 has creatively connected cultural icons over the city, and set up public art exhibitions in Victoria Park and Fringe Club, providing interactive and immersive art experiences to not only the general public in Hong Kong but also visitors from abroad.

The Government has been actively promoting arts and culture, with a view to enhancing Hong Kong's position as the East-meets-West centre for international cultural exchange. ART021 Hong Kong is supported by our Mega Arts and Cultural Events Fund. I believe that this art fair will inject new energy into the art ecosystem of Hong Kong and further promote development of arts and culture.

I would like to take this opportunity to thank the organiser, supporting partners and all the participants. I wish ART021 Hong Kong a resounding success, and all guests an enjoyable tour of arts. Thank you.

CHP reminds public on precautions against heat stroke during very hot weather

The Centre for Health Protection (CHP) of the Department of Health (DH) today (August 29) reminded members of the public, particularly those undertaking outdoor activities, to take heed of necessary measures against heat stroke and sunburn in very hot weather.

"The public should carry and drink plenty of water to prevent dehydration while engaging in outdoor activities," a spokesman for the CHP said.

"Those engaged in strenuous outdoor activities should avoid beverages containing caffeine, such as coffee and tea, as well as alcohol, as they speed up water loss through the urinary system," the spokesman explained.

"Infants and children, the elderly, pregnant women, those with chronic illnesses such as heart disease or high blood pressure, outdoor/manual workers, and individuals who are overweight are more vulnerable to heat stroke. They should pay special attention," the spokesman added.

The public should adopt the following precautions:

- Wear loose and light-coloured clothing to reduce heat absorption and facilitate sweat evaporation and heat dissipation;
- Avoid vigorous exercise and prolonged activities like hiking or trekking as heat, sweating and exhaustion can place additional demands on the physique;
- Perform outdoor activities in the morning or the late afternoon, if possible;
- For indoor activities, open all windows, use a fan or use air-conditioning to maintain good ventilation;
- Do not stay inside a parked vehicle; and
- Reschedule work to cooler times of the day if feasible. If working in a hot environment is inevitable, introduce shade in the workplace where practicable. Start work slowly and pick up the pace gradually. Move to a cool area for rest at regular intervals to allow the body to recuperate.

â€‹The public should also note the latest and the forecast Ultraviolet (UV) Index released by the Hong Kong Observatory (HKO). When the UV Index is high (6 or above):

- Minimise direct exposure of the skin and the eyes to sunlight;
- Wear long-sleeved and loose-fitting clothes;

- Wear a wide-brimmed hat or use an umbrella;
- Seek a shaded area or put on UV-blocking sunglasses;
- Apply a broad-spectrum sunscreen lotion with a minimum sun protection factor (SPF) of 15, preferably higher. Reapply every two hours if you stay out in the sun, and after swimming, sweating or towelling off; and
- While using DEET-containing insect repellents for personal protection against mosquito-borne diseases, apply sunscreen first, then insect repellent.

â€œIf symptoms develop, such as dizziness, headache, nausea, shortness of breath or confusion, rest and seek help immediately, and seek medical advice as soon as possible.

â€œThe public may obtain more information from the DH's Health Education Infoline (2833 0111), [heat stroke](#) page and [UV radiation](#) page; the HKO's Dial-a-Weather (1878 200), latest [weather report and forecast](#), [UV Index](#) and weather information for [hiking and mountaineering](#); and [press releases](#) of the Labour Department on precautions against heat stroke for outdoor workers and their employers when the Very Hot Weather Warning is in force.

Very Hot Weather Warning issued

Attention TV/radio announcers:

Please broadcast the following as soon as possible:

The Hong Kong Observatory has issued the Very Hot Weather Warning.

To prevent heat stroke, avoid prolonged activities outdoors.

If engaged in outdoor work or activities, wear a wide-brimmed hat and light-coloured, loose-fitting clothes. Stay in shaded areas as much as possible.

Drink plenty of water, and avoid beverages containing caffeine or alcohol.

If you feel sick, consult a doctor right away.

Audience members for 2024 Paris Olympic Games Mainland Olympians delegation gala show and sports demonstrations reminded to collect tickets in advance

â€‹The Leisure and Cultural Services Department (LCSD) spokesman today (August 29) reminded members of the public who have purchased tickets for the Mainland Olympians Gala Show to be held tomorrow (August 30) and sports demonstrations to be held the following day (August 31) to collect their tickets as early as possible.

The LCSD suggests that attendees of the Mainland Olympians Gala Show should collect their tickets by today, while those who purchased tickets for the two sports demonstrations should collect them at URBTIX outlets or from self-service ticketing kiosks elsewhere on or before August 30. For details on the locations of the outlets and kiosks, please visit www.urbtix.hk.

Audience members should follow the signage for queue arrangements on-site and the instructions given by staff. The gala show and sports demonstrations will also be broadcast on the "LCSD Plussss" Facebook page and TVB Jade on the dates and times below.

Gala Show (Live): August 30 (Friday) 8pm

Sports Demonstration (Live): August 31 (Saturday) 9.30am

The latest information will be announced on the dedicated website (www.lcsd.gov.hk/en/paris2024/index.html).

Labour Department to hold courses and public talks on prevention of heat stroke at work and occupational health

The Labour Department (LD) regularly organises courses and public health talks on the prevention of heat stroke and occupational health to raise awareness among both employers and employees regarding occupational health.

Details of five courses and health talks in September on the prevention

of heat stroke at work are as follows:

(1)

Dates and time: September 5 and 23 (Half-day (am));

September 12 and 26 (Half-day (pm))

Venue: Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR·Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

Enrolment method: Download the application form

(www.labour.gov.hk/eng/osh/form.htm)

Enquiry hotline: 2940 7057

(2)

Date and time: September 4 (3.30pm to 5pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration for public talks on occupational health

(www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

In addition, the LD will hold the following occupational health public talks in September:

(1)

Topic: Prevention of Upper Limb Disorders

Content: The talk will introduce the causes and preventive measures of upper limb disorders to enhance employees' awareness of the issues, with demonstrations and practice of workplace exercises.

Date and time: September 2 (3.30pm to 4.45pm)

Venue: Lecture Hall of the Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon

Enrolment method: Online registration (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

(2)

Topic: Chemical and Occupational Health

Content: The talk will elaborate on how chemicals enter the human body and their impact on health, as well as the prevention of chemical hazards.

Date and time: September 10 (6.30pm to 7.45pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

(3)

Topic: Occupational Safety and Health (OSH) for Confined Space Workers

Content: To enhance workers' OSH awareness of working in confined spaces, the talk will explain the related risks as well as their preventive measures.

Date and time: September 17 (3.30pm to 5pm)

Venue: Lecture Hall of the Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon

Enrolment method: Online registration (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

All courses and public talks will be given by the LD's occupational hygienist, occupational safety officer or occupational health nurse in Cantonese. Admission is free.

The LD also provides a free-of-charge outreach health education service. For details, please visit the department's webpage (www.labour.gov.hk/eng/osh/content7.htm) or call 2852 4062.