

# Schools summer scheme in good health

Earlier this year, the Education Secretary announced half million pounds to help fund Food and Fun clubs in selected schools during the school summer holidays.

The programme aims to enrich the school holiday experience of children in areas of high deprivation, and will see a number of schools providing free meals, as well as a wide range of food education, physical activity and other fun sessions during the summer break.

Staff and volunteers at Llandrindod school provide a club for children in the area for three days of the week during the holidays and the Education Secretary was quick to praise efforts.

Kirsty Williams said:

“It is a sad reality that for some of our young people the school summer holidays can be a difficult time. Children who benefit from free school breakfasts and lunches often miss meals and go hungry once their school closes for the holidays, while the lack of opportunities for socialising and team sports activities can have a detrimental impact on those from the most disadvantaged backgrounds.

“I have been really encouraged with what I have seen today and would congratulate those involved for the enriching experience on offer. While the scheme does offer a healthy free breakfast and lunch which tackle holiday hunger, I was especially pleased to see the fun and rewarding educational activities available which can also go a long way to improving learners’ health and wellbeing.”