## **Restoring our freedoms**

After many months of looking to the state to guide or control our actions we need to rebuild individual and family responsibility quickly and comprehensively. We should not need to ask the state permission to go to a cafe or entertainment. There should not be special rules about trips to the supermarket. Public sector facilities from libraries to toilets should be reopened fully and available for use. Social distancing and mask wearing should be a matter for individual decision.

Of course people will still value medical advice, and many will want to listen to experts about how they can keep themselves and their families safe. We all might learn more about cleaning, airflows and exposure to possibly infected groups of people to the benefit of our health. It would be good if we pressed on with an airflow revolution in health settings and public places as it is not just CV 19 we can pick up from such exposure. It is a good idea to keep hands and home surfaces clean to cut our risk of catching something.

What surely we now wish to avoid is missing out on so much normal life, particularly the things we do with friends and family and for our entertainment. These are the things that makes life worthwhile and more enjoyable.