

“Let’s T.A.L.K. and Walk with Kids” stakeholder engagement event to promote positive parenting and strengthen family bonding held today (with photos)

â€‹The Commission on Children (CoC), the Hong Kong Police Force (HKPF) and the Social Welfare Department today (September 14) jointly held the "Let's T.A.L.K. and Walk with Kids" stakeholder engagement and Mid-Autumn Festival celebration event under the theme of positive parenting and family bonding. Through a variety of parent-child interactive games, stress relief activities and sharing sessions, the event aimed at promoting positive parenting, enhancing family bonding and celebrating the Mid-Autumn Festival.

Over 80 participants from around 30 families with children participating in the Child Development Fund and their family members attended the event. The Secretary for Labour and Welfare and Vice-chairperson of the CoC, Mr Chris Sun, together with ex-officio member of the CoC, the Commissioner of Police, Mr Siu Chak-ye, and the Director of Social Welfare, Miss Charmaine Lee, joined the event to cheer on the parents and children.

Mr Sun said that a harmonious family relationship is conducive to the healthy development of children, both physically and mentally. He encouraged parents to spend more time playing with their children and share quality parent-child moments together. Mr Siu hoped that the event, with a series of diverse and challenging parent-child interactive games, would provide participants with special family time together, and could promote positive and healthy family relationships. Miss Lee said that families are the cornerstone of society and the backbone of child protection. She encouraged families to develop stronger familial bonds and enhanced care so that a loving and harmonious environment can be built for the children.

As part of the "Walk with Kids" thematic campaign of the CoC, the stakeholder engagement event was conducted in the format of a day camp at the Junior Police Call Permanent Activity Centre and Integrated Youth Training Camp at Pat Heung. Non-official members of the CoC moderated the group sharing sessions, listening to parents sharing parenting experiences, and providing suggestions for practising positive parenting and enhancing family relationships. Under the guidance of the clinical psychologist from the HKPF, parents also learned and shared relaxation techniques with an aim to assist them in facing parenting challenges with a positive mindset amid their busy daily lives. Apart from a series of parent-child adventure and experiential activities, there was a lantern-making workshop to enhance interaction and collaboration between parents and their children, riding on the vibe of the

Mid-Autumn Festival.

