

Lazy Lion gets HK moving

To encourage the public to increase their physical activity and prevent non-communicable diseases, the Department of Health launched the "Healthy Hong Kong 2025 | Move for Health" Campaign and its mascot Lazy Lion in December 2018.

News.gov.hk spoke to a Centre for Health Protection Senior Medical and Health Officer and some members of the public to find out how Lazy Lion is helping Hong Kong people take the first step to "move for health" and build an active lifestyle.

The story appears on news.gov.hk today (April 21) in both text and video format.