## Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Health hazards of hot environment at work" on July 24 (Wednesday). The talk, designed for workers in hot environments to enhance their awareness of heat stroke prevention, will include symptoms of heat stroke, its first aid treatment and preventive measures.

The talk will be given by the LD's occupational health nurse and occupational hygienist at 3pm in the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui.

The LD will hold another talk entitled "Occupational stress" on July 29 (Monday) to introduce the symptoms and health impacts of occupational stress, and some effective stress-coping strategies.

The talk will be given by the LD's occupational health nurse at 6.30pm in Activity Room 1, Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

Both talks will be conducted in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.