

# Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Occupational safety and health (OSH) for confined space workers" on June 26 (Wednesday). To enhance workers' OSH awareness in confined spaces, the talk will explain the related OSH hazards as well as their preventive measures.

The talk will be given by the LD's occupational hygienist, occupational safety officer and occupational health nurse at 6.30pm in Activity Room 1, G/F, Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

The LD will hold another talk entitled "Prevention of lower limb disorders" on June 28 (Friday). The talk will introduce symptoms of some common lower limb disorders, including plantar fasciitis, varicose veins and knee osteoarthritis, as well as their treatment and preventive measures. Demonstration and practice of workplace exercise will be included, with a briefing on the LD's "Guidance Notes on Standing at Work and Service Counter Design".

The talk will be given by the LD's occupational health nurse and occupational hygienist at 3pm in the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui.

Both talks will be conducted in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.