

# Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Health hazards of hot environment at work" on May 17 (Friday). The talk, designed for workers in hot environments to enhance their awareness of heat stroke prevention, will cover symptoms of heat stroke, its first aid treatment and preventive measures.

The talk, to be given by the LD's occupational health nurse and occupational hygienist, will be held at 3pm in Activity Room 1, G/F, Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

The LD will hold another talk entitled "Prevention of upper limb disorders" on May 30 (Thursday). The talk will introduce the causes and preventive measures of upper limb disorders to enhance employees' awareness of the issues. Demonstrations and practice of workplace exercise will be included.

The talk will be given by the LD's occupational health nurse at 2.30pm in the lecture room of Fanling Occupational Health Clinic (7/F, Fanling Health Centre, 2 Pik Fung Road, Fanling).

Both talks will be conducted in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.