

# Labour Department to hold courses and public talks on prevention of heat stroke at work and occupational health

The Labour Department (LD) regularly organises courses and public health talks on the prevention of heat stroke and occupational health to raise awareness of occupational health among both employers and employees.

Details of five courses and health talks on the prevention of heat stroke at work in April are as follows:

(1)

Dates and time: April 10 and 24 (Half-day (am)); April 3 and 14 (Half-day (pm))

Venue: Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR·Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

Enrolment method: Download the application form

([www.labour.gov.hk/eng/osh/form.htm](http://www.labour.gov.hk/eng/osh/form.htm))

Enquiry hotline: 2940 7057

(2)

Date and time: April 7 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui, Kowloon

Enrolment method: Online registration for public talks on occupational health ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

In addition, the LD will hold the following occupational health public talks in April:

(1)

Topic: Noise Hazards and Prevention of Hearing Loss

Content: The talk will give an introduction on the Factories and Industrial Undertakings (Noise at Work) Regulation and the Occupational Deafness Compensation Scheme, as well as health hazards posed by noise at work and preventive measures for hearing loss.

Date and time: April 2 (3.30pm to 5pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

(2)

Topic: Occupational Safety and Health (OSH) for Confined Space Workers

Content: To enhance workers' OSH awareness of working in confined spaces, the talk will explain the related hazards as well as their preventive measures.

Date and time: April 16 (6.30pm to 8pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

(3)

Topic: Occupational Health of Office Workers Series (III) More Exercise, Smart Work

Content: The talk will introduce the benefits of exercise. Demonstrations and practice of workplace exercises will also be included.

Date and time: April 23 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui, Kowloon

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

All courses and public talks will be given by the LD's occupational hygienist, occupational safety officer, occupational health nurse or a representative of the Occupational Deafness Compensation Board in Cantonese. Admission is free.

The LD also provides a free-of-charge outreach health education service. For details, please visit the department's webpage ([www.labour.gov.hk/eng/osh/content7.htm](http://www.labour.gov.hk/eng/osh/content7.htm)) or call 2852 4062.