

# Labour Department to hold courses and public talks on prevention of heat stroke at work and occupational health

The Labour Department (LD) regularly organises courses and public health talks on the prevention of heat stroke at work and occupational health to raise awareness of occupational health among both employers and employees.

Details of seven courses and health talks on the prevention of heat stroke at work in July are as follows:

(1)

Topic: Safety Regulations on Working in Times of Inclement Weather and Hot Environment

Dates and time: July 14 and 28 (Half-day (am)); July 11 and 24 (Half-day (pm))

Venue: Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR·Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

Enrolment method: Online registration of Occupational Safety and Health Training Courses ([www.oshtc.labour.gov.hk/wpas/?lang=en](http://www.oshtc.labour.gov.hk/wpas/?lang=en))

Enquiry hotline: 2940 7057

(2)

Topics: Safety Regulations on Working in Times of Inclement Weather and Hot Environment and Prevention of Heat Stroke at Work in a Hot Environment

Dates and time: July 8 and 24 (Half-day (am))

Venue: Occupational Safety and Health Centre of the LD, G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong, Kowloon

Enrolment method: Online registration of courses in Occupational Safety and Health Centre ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2361 8240

(3)

Topic: Prevention of Heat Stroke at Work in a Hot Environment and Heat Stress Risk Assessment

Date and time: July 9 (3.30pm to 5pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration for public talks on occupational health ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

In addition, the LD will hold the following occupational health public talks in July:

(1)

Topic: Occupational Stress

Content: The talk will introduce the symptoms and health impacts of

occupational stress as well as some stress-coping strategies.

Date and time: July 2 (2.30pm to 4pm)

Venue: Lecture Hall, Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui, Kowloon

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

(2)

Topic: Occupational Safety and Health (OSH) for Confined Space Workers

Content: To enhance workers' OSH awareness of working in confined spaces, the talk will explain the related hazards as well as their preventive measures.

Date and time: July 17 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui, Kowloon

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

(3)

Topic: Occupational Health for Cleansing Workers

Content: The talk will introduce occupational health hazards and their preventive measures for cleaning workers to enhance their awareness of occupational health. Demonstrations and practice of workplace exercises will also be included.

Date and time: July 21 (6.30pm to 7.45pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

All courses and public talks will be given by the LD's occupational hygienist, occupational safety officer or occupational health nurse in Cantonese. Admission is free.

The LD also provides a free-of-charge outreach occupational health education service. For details, please visit the department's webpage ([www.labour.gov.hk/eng/osh/content7.htm](http://www.labour.gov.hk/eng/osh/content7.htm)) or call 2852 4062.