

Labour Department to hold courses and public talks on prevention of heat stroke at work and occupational health

The Labour Department (LD) regularly organises courses and public health talks on the prevention of heat stroke at work and occupational health to raise awareness of occupational health among both employers and employees.

Details of eight courses and health talks on the prevention of heat stroke at work in June are as follows:

(1)

Dates and time: June 5, 17 and 27 (Half-day (am)); June 9 and 25 (Half-day (pm))

Venue: Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR·Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

Enrolment method: Download the application form

(www.labour.gov.hk/eng/osh/form.htm)

Enquiry hotline: 2940 7057

(2)

Date and time: June 5 and 26 (Half-day (am))

Venue: Occupational Safety and Health Centre of the LD, G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong, Kowloon

Enrolment method: Online registration of courses in Occupational Safety and Health Centre (www.oshsreg.gov.hk/en)

Enquiry hotline: 2361 8240

(3)

Date and time: June 4 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon

Enrolment method: Online registration for public talks on occupational health (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

In addition, the LD will hold the following occupational health public talks in June:

(1)

Topic: Prevention of Lower Limb Disorders and Guidance Notes on Standing at Work

Content: The talk will introduce symptoms of common lower limb disorders, such as plantar fasciitis, varicose veins of lower limbs and osteoarthritis of the knee, as well as their treatment and preventive measures.

Demonstrations and practice of workplace exercises and a briefing on the LD's publication "Guidance Notes on Standing at Work and Service Counter Design" will be included.

Date and time: June 2 (6.30pm to 8pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

(2)

Topic: First Aid in the Workplace

Content: The talk will cover basic knowledge of first aid and explain how to assist and handle employees injured in workplace accidents through case illustrations.

Date and time: June 16 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon

Enrolment method: Online registration (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

(3)

Topic: Occupational Safety and Health (OSH) for Confined Space Workers

Content: To enhance workers' OSH awareness of working in confined spaces, the talk will explain the related hazards as well as their preventive measures.

Date and time: June 18 (3.30pm to 5pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

All courses and public talks will be given by the LD's occupational hygienist, occupational safety officer or occupational health nurse in Cantonese. Admission is free.

The LD also provides a free-of-charge outreach occupational health education service. For details, please visit the department's webpage (www.labour.gov.hk/eng/osh/content7.htm) or call 2852 4062.