

# IFST Lecture – Ultra-processed foods: The science and the policy

The IFST Lecture 2019 will take place in London on 2 July 2019 and will be presented by guest speaker Professor Mike Gibney from University College Dublin. The title of the talk is 'Ultra-processed foods: The science and the policy'.

Mike Gibney is Professor of Food and Health at University College Dublin (UCD) and Director of the UCD Institute of Food and Health and one of Europe's leading authorities on human nutrition. Before taking up this position he was Professor of Human Nutrition in the Department of Clinical Medicine at Trinity College Dublin and he is a past President of the Nutrition Society.

With more than 350 peer reviewed papers under his belt, Mike has shared his expertise in this field over many years. He has served on several high-level international advisory committees with bodies such as the UN Food and Agriculture Organisation and the World Health Organisation. His research portfolio extends across public health nutrition and molecular nutrition and he has served as Principal Investigator on several large EU-funded projects in the area of personalised nutrition.

Mike's published work includes 'Nutrition, Diet and Health', 'Something to Chew On: Challenging Controversies in Food and Health' and 'Ever seen a fat fox: human obesity explored'.

The event is by invitation, more information can be found on the [IFST website](#).

This lecture is sponsored by the UK [National Measurement Laboratory](#), which supports the work of the Government Chemist.

For more information about the Government Chemist work contact: