## <u>Healthy Universities for Healthy</u> <u>Communities: Bridging the Divide</u>



Residents are invited to this Scottish Universities Insight Institute event next Thursday – 5th December – in the West End as part of the 'Healthy Universities for Healthy Communities Project'.

In an informal morning celebration, the project will be sharing the ideas and insights generated in its knowledge cafés, held earlier this year, to identify collaborative university-community approaches to improving health and wellbeing for all. The event takes place at Roseangle Kitchen Café.

In the afternoon, in the Dalhousie Building at the University of Dundee, the keynote speaker, Dr Matt Dolf, who is irector, Strategic Support, UBC Wellbeing, University of British Columbia, will be joined by representatives of the UK Healthy Universities Network and community residents in providing local, national and international perspectives on developing healthier and happier communities.

You can read more about this interesting day and book either the morning or afternoon session — or both — <u>here</u>.