

DIAL-OP and GO – looking for volunteers



**We are
looking for
Volunteers**

Would you like to volunteer but don't have much time?

Our opportunities are flexible and can work around you, from as little as 30 minutes a week, and from the comfort of home.

We are looking for enthusiastic volunteers for our **Morning Call** and **Blether Buddies** services. Morning Calls are short calls made between 8am & 10am and are just a quick check to see all is well, Blether Buddies is a weekly telephone befriending call of around 30 minutes.

Full training will be given and out of pocket expenses covered. For more details give us a call on 01382 305757 or email dialop@dvva.scot We look forward to hearing from you.



Dundee Volunteer and Voluntary Action is a Registered Charity in Scotland, Charity Number SC000487 and a Company Limited by Guarantee (No SC093088). Our registered address is 10 Constitution Road, Dundee, DD11 1LL. Dundee Third Sector Interface (TSI) is a partnership between Dundee Social Enterprise Network and Dundee Volunteer and Voluntary Action.