CHP investigates two additional cases of COVID-19

The Centre for Health Protection (CHP) of the Department of Health (DH) announced that as of 8pm today (March 7), the CHP is investigating two additional confirmed cases of COVID-19, taking the number of cases to 110 in Hong Kong so far (comprising 109 confirmed cases and one probable case).

The first confirmed case involves a 38-year-old woman (the 109th case) who returned to Hong Kong from Wuhan by the fourth chartered flight arranged by the Government. The patient with good past health lives in Shenzhen. She has all along been asymptomatic and was immediately arranged for quarantine at Chun Yeung Estate upon arrival at Hong Kong on March 5. Her respiratory specimen was tested positive for COVID-19 virus today. She was sent to the Prince of Wales Hospital for isolation and treatment and is now in a stable condition.

The patient travelled alone to Wuhan in Hubei Province on High-Speed Rail in mid-January to visit her relatives and reported to have stayed in her mother's home in Jianghan district in Wuhan without going out.

The other confirmed case involves a 73-year-old woman (the 110th case) who is a member of the same tour group as the two patients of the 105th and 107th cases confirmed on March 4 and 6 respectively. The patient travelled with her husband to India from February 4 to 19. She has good past health and lives in Block 1, Swiss Towers at 113 Tai Hang Road, Tai Hang. She has all along been asymptomatic. She attended Hong Kong Sanatorium & Hospital yesterday and her respiratory sample was tested preliminary positive for COVID-19 virus. She was sent to Queen Mary Hospital for treatment on the same day and is in a stable condition. Her respiratory sample was tested positive for COVID-19 virus upon further testing today. Her husband and domestic helper who live with her are asymptomatic and will be arranged for quarantine.

The CHP's epidemiological investigations and relevant contact tracing on the confirmed cases are ongoing. Quarantine will be arranged for close contacts while medical surveillance will be arranged for other contacts. For the progress on the contact tracing of the cases, please see annex.

Separately, the CHP was informed by the health authority of Korea yesterday of a confirmed case in Korea which involves a male patient with onset of symptoms on February 27. He took the flight CX288 by Cathay Pacific in economy class from Frankfurt to Hong Kong on February 28, and then departed Hong Kong for Seoul on February 29 on the flight CX438 in economy class. People who travelled in the same class of the two flights are urged to call the CHP hotline.

A spokesman for the CHP said, "The CHP reminded members of the public

that as the transmission of COVID-19 virus has been increasing around the world, they are advised to consider delaying all non-essential travel outside Hong Kong."

"Meanwhile, according to our preliminary epidemiological investigations, clusters are observed in local community involving large meal gatherings and other gatherings. Members of the public are urged to go out less and reduce social activities such as meals gatherings or other gatherings, and maintain appropriate social distance with other people as far as possible."

The spokesman said, "The CHP strongly urged the public to maintain at all times strict personal and environmental hygiene which is key to personal protection against infection and prevention of the spread of the disease in the community. On the personal level, members of the public should wear a surgical mask when having respiratory symptoms, taking public transport or staying in crowded places. They should also perform hand hygiene frequently, especially before touching the mouth, nose or eyes."

"As for household environmental hygiene, members of the public are advised to maintain drainage pipes properly and regularly pour water into drain outlets (U-traps); cover all floor drain outlets when they are not in use; after using the toilet, they should put the toilet lid down before flushing to avoid spreading germs."

The CHP will report the cases to the World Health Organization, National Health Commission, Health Commission of Guangdong Province, Indian health authority and the Hospital Authority.

The CHP has set up a hotline (2125 1122) for public enquiries. The hotline operates from 8am to midnight daily. As at 4pm today, a total of 29 203 calls were received.

Moreover, the Government has launched the website "COVID-19 Thematic Website" (www.coronavirus.gov.hk) for announcing the latest updates on various news on COVID-19 infection and health advice to help the public grasp the latest updates.

To prevent pneumonia and respiratory tract infection, members of the public should always maintain good personal and environmental hygiene. They are advised to:

- Wear a surgical mask when taking public transport or staying in crowded places. It is important to wear a mask properly, including hand hygiene before wearing and after removing a mask;
- Perform hand hygiene frequently, especially before touching the mouth, nose or eyes; after touching public installations such as handrails or door knobs; or when hands are contaminated by respiratory secretions after coughing or sneezing;
- Maintain drainage pipes properly and regularly (about once a week) pour about half a liter of water into each drain outlet (U-traps) to ensure environmental hygiene;

- Cover all floor drain outlets when they are not in use;
- After using the toilet, put the toilet lid down before flushing to avoid spreading germs;
- Wash hands with liquid soap and water, and rub for at least 20 seconds. Then rinse with water and dry with a disposable paper towel. If hand washing facilities are not available, or when hands are not visibly soiled, performing hand hygiene with 70 to 80 per cent alcohol-based handrub is an effective alternative;
- Cover your mouth and nose with tissue paper when sneezing or coughing. Dispose of soiled tissues into a lidded rubbish bin, then wash hands thoroughly; and
- When having respiratory symptoms, wear a surgical mask, refrain from work or attending class at school, avoid going to crowded places and seek medical advice promptly.

Members of the public are advised to consider delaying all non-essential travel outside Hong Kong. The public should take heed of the health advice below if it is unavoidable to travel outside Hong Kong:

- Do not travel to Hubei Province of Mainland where there is widespread community transmission of COVID-19 virus;
- Avoid unnecessary travel to Korea (especially Daegu and Gyeongsangbuk-do where the majority of the cases were reported); Emilia-Romagna, Lombardy and Veneto regions in Italy which cover Bologna, Milan, Venice and Verona, as well as Iran;
- When travelling to countries/areas with active community transmission of COVID-19 virus, the public should avoid close contact with persons with fever or respiratory symptoms. If it is unavoidable to come into contact with them, put on a surgical mask and continue to do so until 14 days after returning to Hong Kong;
- Avoid visiting hospitals. If it is necessary to visit a hospital, put on a surgical mask and observe strict personal and hand hygiene;
- Avoid touching animals (including game), poultry/birds or their droppings;
- Avoid visiting wet markets, live poultry markets or farms;
- Avoid making close contact with patients, especially those with symptoms of acute respiratory infections;
- Do not consume game meat and do not patronise food premises where game meat is served;
- Adhere to food safety and hygiene rules such as avoiding consuming raw or undercooked animal products, including milk, eggs and meat, or foods which may be contaminated by animal secretions, excretions (such as urine) or contaminated products, unless they have been properly cooked, washed or peeled:
- If feeling unwell when outside Hong Kong, especially if experiencing a fever or cough, wear a surgical mask, inform the hotel staff or tour escort and seek medical advice at once; and
- After returning to Hong Kong, consult a doctor promptly if experiencing a fever or other symptoms, take the initiative to inform the doctor of any recent travel history and any exposure to animals, and wear a surgical mask to help prevent spread of the disease.