

## **Making capital from nature**

The importance of natural resources – such as clean water and fertile soil – for food and drink businesses is the focus of new research being led by SRUC.

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## **New research to improve mental health of farmers and crofters**

New research will explore which interventions can best support the mental health and wellbeing of people in Scotland's farming and crofting communities.

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## **Rooting for Spud**

Fife chef Spud Henderson has been selected as a finalist for the second Andrew Fairlie Scholarship.

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## **Double win for former student**

A former SRUC student has been named Farmer of the Year in the Farmers Weekly awards.

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## **Potato bean in running to be next superfood**

A plant native to America could be grown in the UK, bringing huge benefits for a balanced, sustainable diet, new research has found.