

Press release: Images offer glimpse of A45 Chowns Mill upgrade

As part of the government's £15.2bn road investment strategy, Highways England is developing a scheme to improve the A45/A6 Chowns Mill junction, leading to more reliable and safer journeys for people and businesses by reducing congestion and increasing capacity on the road.



Work will include widening the A45 and A6 approaches to provide additional traffic lanes, creating an additional roundabout section on the south side of the existing roundabout and introducing traffic signals to manage traffic safely and effectively.

The work will:

- improve journey times by providing additional lanes
- improve safety by changing the junction layout and introducing traffic signals – managing the flow of traffic through the junction more effectively and reducing the chance of collisions
- support economic growth by encouraging continued investment in the regional economy and support new business and residential opportunities
- improve access for cyclists and pedestrians thanks to new signalled crossings which will make it safer to cross the junction – all crossing points will be designed for users with disabilities

The A45 is a key link between the A14 and M1, serving the growing Northampton, Wellingborough and Rushden areas.

As part of the scheme the junction will be redesigned as a half hamburger layout with a new link road connecting the A6 North and A5028 with the existing roundabout. This will improve the existing junction to allow better flow of traffic reducing congestion through the junction. All approaches will be widened to provide extra lanes and increase capacity.

Highways England project manager, Rachael Langfield, said:

Chowns Mill roundabout currently suffers from severe congestion at peak travel times, leading to long queues on all approaches. This congestion will increase as traffic levels grow.

The scheme we have developed will improve journey times and safety along the A45 and A6 corridors as well as boost capacity to support planned growth in the local area, which is great news for the local and regional economy.

There will be no need to purchase any additional land with improvements to the junction carried out within the existing roundabout boundary.

Construction is due to begin in late 2019 and is expected to be completed within two years.

Public information exhibitions take place tomorrow and Saturday where people can find out more.

The exhibition times and locations are as follows:

- Friday 6 April 2018 – 2pm to 8pm Park Road Baptist Church, Park Road, Rushden, Northamptonshire, NN10 0RG
- Saturday 7 April 2018 – 10am to 4pm Park Road Baptist Church, Park Road, Rushden, Northamptonshire, NN10 0RG

People can also ask questions about the scheme by:

- emailing info@a45chownsmill.com
- [visit the Highways England website where you can also sign up for email alerts:](#)
- write to: A45 Chowns Mill improvement team , Highways England, Stirling House, Lakeside Court, Osier Drive, Sherwood Business Park, Nottingham NG15 0DS.
- call the Highways England Customer Contact Centre on 0300 123 5000.

General enquiries

Members of the public should contact the Highways England customer contact centre on 0300 123 5000.

Media enquiries

Journalists should contact the Highways England press office on 0844 693 1448 and use the menu to speak to the most appropriate press officer.

[5 reasons why Labour should back employment law devolution](#)

There's a lot we agree on with other parties when it comes to workers rights. But many of the powers we need to make a difference are reserved to the UK parliament.

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Author:

[News story: Army officer helps Zambia set up health care education programme](#)

Ten years ago, senior nurse Chris Carter took a risk which would prove to be life changing. Leaving a job that he loved in the NHS for a leap in the dark – a career with the British Army.

It was a choice that not only changed his life, but arguably it also changed the lives of many Zambians critically in need of nursing care.

Because his decision not only led to a new job, it also indirectly opened the door to a new and unexpected adventure when, rich in operational experience, he later answered a call for volunteers to go to Zambia to teach critical care.

A rewarding experience in the making. But he wasn't expecting to end up heading a team which would be collaborating internationally and leading a program which would have a national impact on the future health care set up in a sub Saharan Commonwealth country.



Major Chris Carter gets ready for a lesson in a Zambian hospital

A new job a new life

It all started with that choice he made at the crossroads of his caring career. He said :

At the time it was at the height of the Afghanistan and Iraq campaigns, and I was looking for a new opportunity,

I'd always wanted to work internationally, and I'd always had the aspiration to work in a combat zone. Another aspiration was to test myself in a developing country and I knew the Army could offer me all that. I felt, if I don't do this now, I never will.

A decade after taking that decision, Chris, 39, is now a Major in the Queen Alexandra Royal Army Nursing Corps, and all of those aspirations have been answered, and more.

Today he is a critical care nurse and a nurse lecturer working in the Defence School of health-care education, a military unit embedded in Birmingham City University.

There he heads up a team responsible for training the Armed Forces future student nurses.

He has a tour of duty of Afghanistan tucked under his Sam Browne belt, as well as other deployments to the Middle East.

For many that would be more than enough to keep them occupied. But the urge to serve is strong in Major Chris Carter.

Which is why in 2015 he answered an ad in a medical journal for volunteers to set up a critical nursing care program in sub Saharan Africa. And so, his intense relationship with the Commonwealth country of Zambia began.

Looking at the list of skills and life experience that the job called for, it was clear that Chris had just what the doctor ordered.

And as far as he is concerned it's his career in the Army that he has to thank for that. He said:

In the Army, it's not that they give you opportunities as such, they are available, and if you seek them out, and work hard for them, then you can get there.

Nursing in Zambia

Zambia is a stable land locked, low income country with 60 per cent of the population living in rural communities. Yet whilst it is poor, Zambia is training its doctors and anaesthetists, helped by international investment in terms of money and resources.

But it soon became clear that more was needed. Hence the advert. Major Carter said :

The Drs there realised that their project to develop health care was not going to reach its full potential unless investment was also being made in nursing staff,

The doctors were being trained in current practice, applied in the context of a developing country, dealing with diseases totally different to what we see in the UK, but which are common there. But without the nurses who do the majority of the care, the project wouldn't work.

Initially the task facing Chris was to visit Zambia's main hospital and help them to identify what they needed and to develop their framework for developing their nursing staff.

No funding? No project? No problem!

But before he could do that, another little problem lay before him. He said:

What transpired was that, despite what the advert said, in fact there was no project, no funding – nothing.

Undeterred, Chris and a small core of volunteers from the UK kept calm and

carried on. He said:

Given my background, my contacts and my operational experience linked with my role in nursing education I convinced The Tropical Health and Education trust, a UK NGO, to fund me for a two week needs assessment.

Since then Chris has been to Zambia seven times, staying for periods of two to four weeks. He said:

In 2016 we worked with the Zambian Ministry of Health. We went to 16 public hospitals which meant a round trip of 4,980 kms in a Land Cruiser. There isn't a bit of the country, off road or on tarmac that I haven't seen.

On this epic trip he asked at each hospital, 'What critical care can you realistically provide in your hospital? What are the challenges you face, and how are your nurses being employed? And that was the first time that they had had that snapshot of what was going on.

Gathering all that information, Chris and the team then wrote a report for the Ministry of Health. In it they recommended what they could do as a project team to help build the country's capacity in nursing capability.

From this, what the Zambians identified as essential was a graduate nursing programme.



Zambian nurses in training

Major Carter said:

What tends to happen is that a lot of money is spent on educating Drs, and while nurses might get the odd short course, which is valuable, what is needed is a structured framework which can contribute to the long-term career development of an individual.

Get that right and it means you have a reliable capability, you prevent people from getting demotivated because they don't feel valued, and for places like Zambia, it stops the haemorrhaging of talented nurses who go to work in neighbouring countries who can pay more.

Armed with this information Chris went into battle attracting funding from DFID, the EU and from Birmingham university, who also provide him with all the professional back office functions and governance needed to keep such a project running.

Zambian priorities

From nothing, Chris has built up the team which has grown from just four enthusiasts into a truly international collaboration. Working closely with the Lusaka College of Nursing, the Zambian union of nursing organisations, the Ministry of Health and the General nursing council, Chris makes sure that whatever his team delivers, it is in accordance with the Zambian's own

priorities, but with his guidance, in the context of the UN's sustainable development goals such as providing universal access to health care and building a framework for quality, lifelong learning. He said:

We are helping them to build up a critical mass of trained nurses, helping to develop a graduate cadre and in turn future leaders, future researchers, future educators. We're building a framework for life.

And this must all be done in an atmosphere of cultural sensitivity, another skill which Chris picked up from his time in Afghanistan. He said:

We have to be aware that our way of doing something may not be the best way for them. It is all about helping them to find their own solutions.

Take the basic practicalities as an example of what he means by that. In a country which has 73 regional dialects, how are you going to provide a universal training package?

When the majority of the population live in remote villages, how would someone get health care if they had a ruptured appendix, or if they had broken their leg, or had an obstructed child birth, at night – how would you get them to a hospital which is two hours away, at night along a road which has no lighting.

It's easy to see that sensible solutions to health care provision must be seen in this harsh context.

Such has been the success of the project, 900 health care workers have been trained since 2015, that the Army is keen to explore the benefits for the UK Armed Forces. Last year Chris took six students from the Defence School of Health, one from the navy, the rest Army, to Zambia as part of their training.

Benefits for training UK Armed Forces nurses

Not only do they get to see the treatment of diseases such as TB and malaria, which while rare in the UK, in their careers they will have to know about, but perhaps more importantly the pressures of practicing in a resource limited environment. Major Carter said:

We watched a Dr performing a procedure and I talk the students through it. I tell them to watch how he and the nurses were working – only opening equipment when they needed it, so they don't waste anything – because it's too precious.

I challenge them... imagine you are on board a ship, or in the field.

You're not going to have an infinite supply of gloves, oxygen, swabs... when you've got 10 patients on a ward, and there's only three of you, there's no agency you can call, no extra staff, it's just you.

Thinking differently

Chris uses the experience to get the students thinking in a different way. A way which might just make a difference when on the battlefield. He said:

I get them to think about what they would do in that situation. Which is your sickest patient at the moment? Why do you think that?

I get them to think through some of the clinical decisions they would never face in the NHS. 'You've only got 10 ventilators, but you've got 11 patients who need it – what are you going to do?'

Keeping calm and carrying on

It's hard to imagine how someone as busy as Chris has managed to cope with it all. He says that lots of coffee helps, and he also points out the importance of protecting whatever little spare time you have, and using it wisely. He said:

I'm a swimmer, I like to get in the pool and just go up and down and get things into perspective.

It's important to look at your successes. I've said this to people in Zambia when they get dispirited, and say 'It never changes here' I say, 'look how far you've come in such a short time.'

This is another strength that he attributes to his time in the Army. He said:

What the Army gives you is the ability to be realistic in what you can do. Focus on the basics and do them well. That gives you a reality check. In our project it's been about knowing what the Zambians want, how they want it delivered and on their timescales. My Army career has given me that grounding.

So, the decision he took a decade ago, to change the nature of his uniform from scrubs to camouflage pattern turned out to be the right one. Not just for Major Chris Carter, but for the people of Zambia too.

Speech by CS at HSBC Community Day opening ceremony (with photos/video)

Following is the speech by the Chief Secretary for Administration, Mr Matthew Cheung Kin-chung, at the HSBC Community Day opening ceremony today (April 5):

I would like to pay warm tribute to HSBC and the Tung Wah Group of Hospitals for joining hands to present this signature event. This is the first-ever HSBC Community Day, collaborating with Tung Wah. HSBC is one of the oldest banks with the longest history in Hong Kong, while Tung Wah is the first Chinese hospital. You are the number one in terms of your operation and funding. So we are talking about the two “number one” joining hands together, which is, I think, pretty meaningful.

The second point I want to make is that this event testifies to HSBC’s corporate social responsibility and also its sincerity and enthusiasm in promoting rugby amongst the younger generation. Rugby is a very meaningful sport because it really trains young people to be resilient, and building team work in particular, and also to face adversities. We are facing problems day in day out in Hong Kong, so it is a very good means of training up our youngsters through sports.

And finally, Hong Kong Sevens of course has established itself as a permanent fixture in Hong Kong, and also a tourist attraction. It is a Major Sports Event in Hong Kong, putting Hong Kong firmly on the map of international sport.

On that note, I thank you all, the HSBC and of course Tung Wah. Two stalls that you must not miss: one is the Parents Academy, the other one is the Happy Learning with Robots. These are funded by HSBC, marking its 150th anniversary. I was involved in the final adjudication, they have my DNA in there. So I have a personal connection to the two projects.

On that note, thank you again. Have a good day. Thank you!





No. 3 alarm fire in Yuen Long (4)

A fire broke out in Kong Tau Tsuen, Yuen Long at 1.51pm today (April 5) and was upgraded to No.3 alarm at 3.26pm. The fire was surrounded at 4.46pm, put under control at 5.05pm, and largely put out at 5.20pm.

Firemen used three jets and mobilised one breathing apparatus teams to fight the blaze.

No casualties have been reported so far.