### <u>Service fee adjustment for private</u> doctors under GOPC PPP

The following is issued on behalf of the Hospital Authority:

The Hospital Authority (HA) today (July 22) announced that in consideration of the latest Composite Consumer Price Index, the service fee for the Participating Service Providers (PSPs) in the General Outpatient Clinic Public-Private Partnership (GOPC PPP) Programme will be increased from \$3,408 to \$3,486, at around 2.3 per cent, per patient per year at the maximum with retrospective effect from July 1, 2020.

According to the HA spokesperson, the calculation of adjustment was based on the commonly use Composite Consumer Price Index (Medical Services), published in the Monthly Report on the Consumer Price Index (CPI) by the Hong Kong Government's Census and Statistics Department for the period from July 2019 to June 2020.

"The maximum total payment to PSPs per patient per year, covering up to 10 consultations, will be increased from \$3,408 to \$3,486. Participating patients, however, will continue to pay only the HA GOPC fee of \$50 per attendance," the spokesperson said.

The GOPC PPP Programme has been implemented in all 18 districts in Hong Kong. The territory-wide implementation will give patients more choices in selecting their family doctors all over Hong Kong. As at end-June 2020, over 450 PSPs are providing consultation services to more than 36,000 GOPC patients who have joined the Programme.

"All HA PPP Programmes work on Electronic Health Record (eHR) platforms. PSPs and patients have to register for eHR if they wish to join the programmes, including the GOPC PPP Programme," the spokesperson added.

The HA will continue to monitor closely the implementation of GOPC PPP Programme and keep in view closely the feedback from service providers, patients and other concerned parties.

### Flag-raising ceremony cancelled

Owing to the thunderstorm warning, the flag-raising ceremony to be conducted at Golden Bauhinia Square, Wan Chai at 8am today (July 22) will be cancelled.

# CHP reminds public on precautions against heat stroke during very hot weather

The Centre for Health Protection (CHP) of the Department of Health (DH) today (July 22) reminded members of the public, particularly those undertaking outdoor activities, to take heed of necessary measures against heat stroke and sunburn in very hot weather.

"The public should carry and drink plenty of water to prevent dehydration while engaging in outdoor activities," a spokesman for the CHP said.

"Those engaged in strenuous outdoor activities should avoid beverages containing caffeine, such as coffee and tea, as well as alcohol, as they speed up water loss through the urinary system," the spokesman explained.

"The obese, the sick, including those with heart disease or high blood pressure, the old and the young are more vulnerable to heat-related illnesses. They should pay special attention," the spokesman added.

The public should adopt the following precautions:

- Wear loose and light-coloured clothing to reduce heat absorption and facilitate sweat evaporation and heat dissipation;
- Avoid vigorous exercise and prolonged activities like hiking or trekking as heat, sweating and exhaustion can place additional demands on the physique;
- Perform outdoor activities in the morning or late afternoon;
- For indoor activities, open all windows, use a fan or use airconditioning to maintain good ventilation; and
- Reschedule work to cooler times of the day.

If working in a hot environment is inevitable, introduce shade in the workplace where practicable. Start work slowly and pick up the pace gradually. Move to a cool area for rest at regular intervals to allow the body to recuperate.

The public should also note the latest and the forecast Ultraviolet (UV) Index released by the Hong Kong Observatory (HKO). When the UV Index is high (6 or above):

- Minimise direct exposure of the skin and the eyes to sunlight;
- Wear long-sleeved and loose-fitting clothes;

- Wear a wide-brimmed hat or use an umbrella;
- Seek a shaded area or put on UV-blocking sunglasses;
- Apply a broad-spectrum sunscreen lotion with a Sun Protection Factor (SPF) of 15 or above. Apply liberally and reapply after swimming, sweating or toweling off; and
- While using DEET-containing insect repellents for personal protection against mosquito-borne diseases, apply sunscreen first, then insect repellent.

If symptoms develop, such as dizziness, headache, nausea, shortness of breath or confusion, rest and seek help immediately, and seek medical advice as soon as possible.

The public may obtain more information from the DH's Health Education Infoline (2833 0111), <a href="heat stroke">heat stroke</a> page and <a href="heat stroke">UV radiation</a> page; the HKO's Diala-Weather (1878 200), latest <a href="heat stroke">weather and forecast</a>, <a href="https://UV Index">UV Index</a> and weather information for <a href="hiking and mountaineering">hiking and mountaineering</a>; and <a href="hiest-press">press</a> releases of the Labour Department on precautions against heat stroke for outdoor workers and their employers when the Very Hot Weather Warning is in force.

## <u>Assess the risk of heat stroke to employees</u>

Attention duty announcers, radio and TV stations:

Please broadcast the following special announcement immediately, and repeat it at frequent intervals when the Very Hot Weather Warning is in force:

The Labour Department reminds employers that as the Very Hot Weather Warning is in force, they should assess the risk of heat stroke to their employees and adopt effective preventive measures such as providing cool drinking water, setting up temporary sunshade and providing mechanical aids to reduce physical exertion of employees. Employees should drink water regularly and be mindful of their physical condition. If early heat stroke symptoms such as headache and thirst appear, they should rest in a cool or shady place and drink water immediately. They should also inform their supervisors to take appropriate actions.

#### <u>Very Hot Weather Warning issued</u>

Attention TV/radio announcers:

Please broadcast the following as soon as possible:

The Hong Kong Observatory has issued the Very Hot Weather Warning.

To prevent heat stroke, avoid prolonged activities outdoors.

If engaged in outdoor work or activities, wear a wide-brimmed hat and light-coloured, loose-fitting clothes. Stay in shaded areas as much as possible.

Drink plenty of water, and avoid beverages containing caffeine or alcohol.

If you feel sick, consult a doctor right away.