# CHP investigates outbreak of upper respiratory tract infection at kindergarten

The Centre for Health Protection (CHP) of the Department of Health is today (October 25) investigating an outbreak of upper respiratory tract infection (URTI) at a kindergarten in Sham Shui Po, and appeals to members of the public and staff of institutions to stay alert and maintain strict personal and environmental hygiene.

The outbreak involves 21 pupils, comprising 13 boys and eight girls between 2 and 5 years old. They developed fever, cough, runny nose and sore throat since September 24. Fourteen of them sought medical attention and none required hospitalisation. All of them are in stable condition.

Officers of the CHP have advised the school to adopt necessary infection control measures against respiratory infections. The school has been put under medical surveillance. In addition, since the symptoms of URTI are similar to those of COVID-19, for prudence's sake, the school was covered in the compulsory testing notice (CTN) on September 27 to exclude the possibility of COVID-19 infection. The school has already suspended teaching activities for at least five days for cleaning and executing the CTN.

The public should maintain good personal and environmental hygiene against influenza and other respiratory illnesses and note the following:

- Receive seasonal influenza vaccination for personal protection;
- Surgical masks can prevent transmission of respiratory viruses from ill persons. It is essential for persons who are symptomatic (even if having mild symptoms) to wear a surgical mask;
- Wear a surgical mask when taking public transport or staying in crowded places. It is important to wear a mask properly, including performing hand hygiene before wearing and after removing a mask;
- Avoid touching one's eyes, mouth and nose;
- Wash hands with liquid soap and water properly whenever possibly contaminated;
- When hands are not visibly soiled, clean them with 70 to 80 per cent alcohol-based handrub;
- Cover the nose and mouth with tissue paper when sneezing or coughing. Dispose of soiled tissue paper properly into a lidded rubbish bin, and wash hands thoroughly afterwards;
- Maintain good indoor ventilation;
- When having respiratory symptoms, wear a surgical mask, refrain from work or attending classes at school, avoid going to crowded places and seek medical advice promptly; and
- Maintain a balanced diet, exercise regularly, take adequate rest, do not smoke and avoid overstress.

Members of the public, particularly children, the elderly and those with chronic diseases, should wear a face mask and consult a doctor promptly if they develop symptoms of respiratory tract infection.

# Fresh pork sample found to contain sulphur dioxide

â€<The Centre for Food Safety (CFS) of the Food and Environmental Hygiene Department announced today (October 25) that a fresh pork sample was found to contain sulphur dioxide, a preservative which is not permitted to be used in fresh meat. The CFS is following up on the case.

A spokesman for the CFS said, "The CFS took the fresh pork sample from a stall in Aberdeen Market for testing under its routine Food Surveillance Programme. The test result showed that the sample contained sulphur dioxide at a level of 143 parts per million. The CFS has informed the vendor concerned of the irregularity."

According to the Preservatives in Food Regulation (Cap 132BD), it is an offence to add sulphur dioxide to fresh or chilled meat. The maximum penalty is a \$50,000 fine and six months' imprisonment.

Sulphur dioxide is a preservative which can be used in a variety of foods including dried vegetables, dried fruits, pickled vegetables and salted fish products, but under the Regulation it is not permitted in fresh or chilled meat. Individual meat traders have been found illegally using sulphur dioxide to make meat look fresher. Sulphur dioxide is water soluble, and most of it can be removed through washing and cooking. However, susceptible individuals who are allergic to this preservative may experience breathing difficulties, headache and nausea after consumption.

The spokesman reminded the food trade to comply with the law and not to sell fresh or chilled meat adulterated with sulphur dioxide. Members of the public should purchase meat from reliable market stalls or fresh provision shops. They should avoid buying or consuming meat which is unnaturally red and maintain a balanced diet to avoid malnutrition or excessive exposure to chemicals from a small range of food items.

The CFS will continue to follow up on the case and take appropriate action. Investigation is ongoing.

#### Missing woman in Hung Hom located

A woman who went missing in Hung Hom has been located.

Chan Cheuk-ting Jessica, aged 27, went missing after she left her residence in 0i Man Estate on October 14 morning. Her family made a report to Police on October 15.

The woman was located in Ho Man Tin Estate last night (October 24). She sustained no injuries and no suspicious circumstances were detected.

## Update on cases of Legionnaires' disease

The Centre for Health Protection (CHP) of the Department of Health today (October 25) reported the latest number of cases of Legionnaires' disease (LD), and stressed the importance of using and maintaining properly designed man-made water systems, adding that susceptible groups should strictly observe relevant precautions.

From October 17 to 23, two community-acquired LD cases were reported:

- 1. A male patient, aged 68 with good past health, who lives in Mei Shing Mansion, 501-511 Queen's Road West, Shek Tong Tsui; and
- 2. A male patient, aged 63 with underlying illnesses, who lives in Fung King House, Lai King Estate, Kwai Chung.

"Epidemiological investigations are ongoing to identify potential sources of infection, high-risk exposure and clusters, if any," a spokesman for the CHP said.

As of October 23, 56 LD cases had been reported this year. In 2020 and 2019, there were 104 and 105 cases respectively.

"Men, people aged over 50, smokers, alcoholics and persons with weakened immunity are more susceptible to LD. Some situations may also increase the risk of infection including poor maintenance of water systems leading to stagnant water; living in areas with old water systems, cooling towers or fountains; using electric water heaters, whirlpools and spas or hot water spring spas; and recent stays in hotels or vessels," the spokesman said.

Legionellae are found in various environmental settings and grow well in warm water (20 to 45 degrees Celsius). They can be found in aqueous

environments such as water tanks, hot and cold water systems, cooling towers, whirlpools and spas, water fountains and home apparatus which support breathing. People may become infected when they breathe in contaminated droplets (aerosols) and mist generated by artificial water systems, or when handling garden soil, compost and potting mixes.

Immunocompromised persons should:

- Use sterile or boiled water for drinking, tooth brushing and mouth rinsing;
- Avoid using humidifiers, or other mist- or aerosol-generating devices. A shower may also generate small aerosols; and
- If using humidifiers, or other mist- or aerosol-generating devices, fill the water tank with only sterile or cooled freshly boiled water, and not water directly from the tap. Also, clean and maintain humidifiers/devices regularly according to manufacturers' instructions. Never leave stagnant water in a humidifier/device. Empty the water tank, wipe all surfaces dry, and change the water daily.

The public should observe the health advice below:

- Observe personal hygiene;
- Do not smoke and avoid alcohol consumption;
- Strainers in water taps and shower heads should be inspected, cleaned, descaled and disinfected regularly or at a frequency recommended by the manufacturer;
- If a fresh-water plumbing system is properly maintained, it is not necessary to install domestic water filters. Use of water filters is not encouraged as clogging occurs easily, which can promote growth of microorganisms. In case water filters are used, the pore size should be 0.2 micrometres ( $\mu$ m) and the filter needs to be changed periodically according to the manufacturer's recommendations;
- Drain and clean water tanks of buildings at least quarterly;
- Drain or purge for at least one minute infrequently used water outlets (e.g. water taps, shower heads and hot water outlets) and stagnant points of the pipework weekly or before use;
- Seek and follow doctors' professional advice regarding the use and maintenance of home respiratory devices and use only sterile water (not distilled or tap water) to clean and fill the reservoir. Clean and maintain the device regularly according to the manufacturer's instructions. After cleaning/disinfection, rinse the device with sterile water, cooled freshly boiled water or water filtered with 0.2  $\mu m$  filters. Never leave stagnant water in the device. Empty the water tank, keep all surfaces dry, and change the water daily; and
- When handling garden soil, compost and potting mixes:
- 1. Wear gloves and a face mask;
- 2. Water gardens and compost gently using low pressure;
- 3. Open composted potting mixes slowly and make sure the opening is

directed away from the face;

- 4. Wet the soil to reduce dust when potting plants; and
- 5. Avoid working in poorly ventilated places such as enclosed greenhouses.

â€<â€<The public may visit the CHP's <u>LD page</u>, the <u>Code of Practice</u> <u>for Prevention of LD</u> and the <u>Housekeeping Guidelines for Cold and Hot Water</u> <u>Systems for Building Management</u> of the Prevention of LD Committee, and the CHP's <u>risk-based strategy</u> for prevention and control of LD.

### <u>Fraudulent websites related to Livi</u> Bank Limited

The following is issued on behalf of the Hong Kong Monetary Authority:

The Hong Kong Monetary Authority (HKMA) wishes to alert members of the public to a press release issued by Livi Bank Limited relating to fraudulent websites, which has been reported to the HKMA. A hyperlink to the press release is available on the HKMA website.

The HKMA wishes to remind the public that banks will not send SMS or emails with embedded hyperlinks which direct them to the banks' websites to carry out transactions. They will not ask customers for sensitive personal information, such as login passwords or one-time password, by phone, email or SMS (including via embedded hyperlinks).

Anyone who has provided his or her personal information, or who has conducted any financial transactions, through or in response to the websites concerned, should contact the bank using the contact information provided in the press release, and report the matter to the Police by contacting the Cyber Security and Technology Crime Bureau of the Hong Kong Police Force at 2860 5012.