

DH holds 3rd World Oral Health Day Kick-off Ceremony and Carnival (with photo)

The Department of Health (DH) today (March 10) held the 3rd World Oral Health Day Kick-off Ceremony and Carnival to promote oral health awareness to the public.

Under the theme "Say Ahh: Act on Mouth Health", the event was held in support of the FDI World Dental Federation's annual World Oral Health Day. Speaking at the event, the Consultant-in-Charge, Dental Service of the DH, Dr Wiley Lam, said, "Oral health and general health are closely related. Oral diseases such as dental decay and gum diseases share some common risk factors with other systemic diseases, such as cardiovascular diseases, diabetes and cancer. These risk factors include poor personal hygiene, unhealthy eating habits and smoking."

Dr Lam pointed out that the DH holds the Love Teeth Campaign every year to promote good oral self-care and appropriate use of professional oral care to the public, and appealed to the public to adopt good oral hygiene habits as early as possible to achieve holistic health, such as keeping the mouth thoroughly clean, having regular dental check-ups, establishing a healthy eating habit and avoiding smoking and alcohol as well as consuming less sugar.

The 3rd World Oral Health Day Kick-off Ceremony and Carnival was organised by the DH's Oral Health Education Unit (OHEU) in collaboration with the Hong Kong Dental Association. The Hong Kong Housing Authority, the Dental Council of Hong Kong, the Board of Governors of the Prince Philip Dental Hospital, the Faculty of Dentistry of the University of Hong Kong and various dental organisations as well as representatives of various types of dental professionals in Hong Kong, including dental therapists, dental hygienists and dental surgery assistants, also joined the event to support the World Oral Health Day on March 20 initiated by the FDI in advance, promoting the importance of oral health and a healthy lifestyle to the people in Hong Kong, and unveiling the upcoming oral health promotion activities.

The DH's OHEU will launch a series of events under the Love Teeth Campaign with this year's theme "Say Ahh: Act on Mouth Health" and disseminate oral health messages to the people in Hong Kong through television broadcast, exhibition panels at MTR stations and bus stops, a Facebook page (www.facebook.com/LoveTeethHK/) and more.

The public can also visit the website of the DH's OHEU for more information on oral health (www.toothclub.gov.hk/en/en_index.html).



Speech by CE at Opening Ceremony of 2019 FIA Formula E Hong Kong E-Prix (English only)

Following is the speech by the Chief Executive, Mrs Carrie Lam, at the Opening Ceremony of the 2019 FIA Formula E Hong Kong E-Prix in Central today (March 10):

Ladies and gentlemen,

Good afternoon. It gives me great pleasure to join you for the opening ceremony of the HKT Hong Kong E-Prix today, the fifth race in the FIA Formula E Championship that circles the world, embracing 13 cities across five continents. I'm delighted to be speaking here at the starting grid, on the track, at the Central Harbourfront circuit.

This is Hong Kong's third season to host the E-Prix, the world's only electric street racing series. It's an electrifying event, and I'm delighted to note that the world is watching. I understand that hundreds of media representatives are here, covering this thrilling spectacle, that the race will be broadcast live in over 100 countries, reaching millions of sports fans around the world.

In short, today's E-Prix will surely heighten Hong Kong's standing as the sports and international capital of Asia. With our storied harbour and skyline in the background, Hong Kong's reputation as one of the world's must-see and must-visit cities is sure to be reinforced.

On top of the race, an E-Village has been set up at the Harbourfront. Bigger in scale than in previous years, the E-Village will rev up the live music and entertainment, fine food, drinks and good times for the visitors and members of the public.

For that, I'm grateful to Formula Electric Operations and Formula Electric Racing (Hong Kong), the event organiser, as well as the FIA (Federation Internationale de l'Automobile), the Hong Kong Automobile Association and all the many race sponsors and partners. My thanks, as well,

to our Tourism Commission, the Hong Kong Tourism Board and other Government departments for their invaluable contributions.

Ladies and gentlemen, today's weather may not be perfect, but I wish you all a very memorable day. Thank you very much.

Government House open to the public on March 17

Government House will be open to the public on March 17 (Sunday) from 10am to 5pm.

Visitors will be able to view the well-nurtured flowers and trees in the garden and the landscaped area of Government House, and see the places where the Chief Executive holds official functions and receives dignitaries. They can enjoy musical performances by the Hong Kong Police Band and student ensembles as well as puppet shows. There will also be guided tours by the Antiquities and Monuments Office on the history and architectural features of the distinguished building.

"Display boards and QR codes will be set up along the visitors' route to share details of the history, architecture and important moments of Government House. Visitors may use their smartphones or other mobile devices with suitable software for browsing information about Government House. Photo props will also be provided at two specific locations for photo shoots," a government spokesman said.

"Due to above-normal temperatures in the past winter, the azaleas which used to flourish in the garden at Government House every March in the past have already had their full bloom this year. However, there will still be plenty of flowers and other plants for visitors to enjoy. In addition, as on the last open day, a set of souvenir chops themed on the architectural features of Government House will be available at specific locations along the visitors' route for stamping. There will also be a new set of chops featuring the flowers at Government House." (A photo of one of the souvenir chops is attached for reference.)

The spokesman added that as a large number of visitors are anticipated on the day, queuing outside Government House may be stopped before 5pm so that those waiting in the queue can be admitted in time. Visitors will enter the garden through the east gate on Upper Albert Road and leave through the main gate of Government House. The visitors' routing is one-way only. They are encouraged to arrive by public transport or on foot. Water dispensers will also be available at the venue. To care for the environment, no disposable cups will be provided. Visitors are welcome to bring their own

bottles.

Visitors may visit the brand new website of Government House (www.ceo.gov.hk/gh/eng) for details of the open day.

Government House is a declared monument under the Antiquities and Monuments Ordinance.

Over 5 000 people join Jockey Club Vitality Run of 7th Hong Kong Games today (with photos)

The Jockey Club Vitality Run of the 7th Hong Kong Games (HKG) was held successfully alongside the Shing Mun River in Sha Tin this morning (March 10). More than 5 000 people took part in the event to share the fun of sports as a prelude to the upcoming 7th HKG.

The Jockey Club Vitality Run has been well received by the public since it was first held in 2015. The quotas were increased once again this year for more people to participate in this community activity. With an emphasis on challenging oneself rather than racing for awards, the event encourages participants to exercise more, thereby promoting "Sport for All" in the community. Today's participants could enjoy the fun of running, while at the same time show support for district athletes who are gearing up for the 7th HKG competitions.

The two categories of the Vitality Run, namely the about-3-kilometre run and the 10-kilometre run, both started at Yuen Wo Road near Sha Tin Sports Ground. Each participant received a souvenir T-shirt and a gift pack, while those who completed the run within the time limit received a certificate and a souvenir medal. Participants dressed up to compete for the individual Most Creative Costume Prize and the Overall Best Team Costume Prize, with each prize having a champion, a first runner-up and a second runner-up. Their creative and colourful costumes boosted the joyful atmosphere of the event.

A number of people also took part in the event by cheering for the participants along Yuen Wo Road, beside the Shing Mun River and at Sha Tin Sports Ground. A carnival with stage performances, game booths, a family area and a photo corner was held at Yuen Wo Playground. To strengthen the promotion of a "Sport for All" culture with the Sports Federation & Olympic Committee of Hong Kong, China (SF&OC), the SF&OC co-ordinated a number of national sports associations to arrange sports demonstrations and fun activities for participants of the Vitality Run and other members of the

public to share the fun of sports.

The HKG is a territory-wide major multi-sports event held biennially with the 18 District Councils (DCs) as the participating units. The inter-district sports competitions of the 7th HKG will be held between April 28 and June 2, covering eight sports competitions, namely athletics, badminton, basketball, futsal, swimming, table tennis, tennis and volleyball.

Apart from the inter-district sports competitions, a range of community participation programmes will also be organised for the general public. They can vote for "My Favourite Sporty District" and guess the "Overall Champion of the 7th HKG". Photography enthusiasts can take pictures of the exciting scenes of sports competitions and activities of the 7th HKG to participate in the "Dynamic Moments Photo Contest".

The Opening Ceremony of the 7th HK Games will be held at Hong Kong Coliseum on April 28. A total of 1 800 free admission tickets will be distributed at the District Leisure Services Offices of the Leisure and Cultural Services Department from April 9.

The Director of Leisure and Cultural Services, Ms Michelle Li; the Chairman of the 7th HKG Organising Committee, Mr David Yip; the Vice Chairman of the 7th HKG Organising Committee, Professor Patrick Yung; the Executive Director of Charities and Community of the Hong Kong Jockey Club, Mr Cheung Leong; the Deputy Director of Leisure and Cultural Services (Leisure Services), Ms Ida Lee; the Chairman of the Hong Kong Amateur Athletic Association, Mr Kwan Kee; and the Executive Manager of Charities (Grant Making – Sports and Environment) of the Hong Kong Jockey Club, Miss Donna Tang, attended the event today.

The 7th HKG is organised by the Sports Commission and co-ordinated by the Community Sports Committee along with the 18 DCs; the Leisure and Cultural Services Department; the SF&OC; and relevant national sports associations as co-organisers. The Hong Kong Jockey Club is the Principal Contributor.

Details of the sports competitions and community participation programmes are available at www.hongkonggames.hk.





Liquor Licensing Board to meet on Tuesday

The following is issued on behalf of the Liquor Licensing Board:

The Liquor Licensing Board will meet on Tuesday (March 12) to consider three applications for renewal and transfer of liquor licences.

The applications are (not in order of discussion):

Hong Kong:

OLDISH in Sheung Wan

Kowloon:

BLISS BAR and TT Pub in Prince Edward

The meeting will be held at 9.45am in the conference room, Room 102, 1/F, 258 Queen's Road East, Wan Chai. Members of the public are welcome to attend, except during the private session on confidential items.