## Helping the environment by recycling

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Everyone is being encouraged to help the environment by recycling more material, including food waste. Reduce, reuse and recycle where possible as part of the household daily routine.

## Food waste

Food waste makes up a significant amount of the household waste we throw out each week.

Making the effort to recycle this food waste can greatly help to improve the environment.

Even small bits of food, like tea bags and coffee grounds, can be recycled.

It is important that everyone uses the recycling services provided by <u>councils</u> throughout the year.

Locally-produced compost from recycled food waste is being used within our local parks and community gardens, keeping them in good condition for the growth of flowers, fruit and vegetables.

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